GATEWAYS HOSPITAL AND MENTAL HEALTH CENTER



Community Benefits Plan 2025

Gateways 2025 Community Benefits Plan

Introduction

In accordance with California Health and Safety Code 127340 – 127360 and California Code of Regulations §95100-95115, Gateways Hospital & Mental Health Center (Gateways), a private nonprofit hospital, submits this community benefits plan (CBP) for 2025.

Gateways Hospital & Mental Health Center

Gateways Hospital and Mental Health Centers aims to advance innovative care in mental and behavioral health through comprehensive, compassionate partnerships with the greater Southern California community to create brighter futures.

Gateways was established in 1953 as an independent nonprofit, non-sectarian institution affiliated with the Jewish Federation Council of Los Angeles. Gateways has been a provider of acute behavioral health services in the communities of Silver Lake, Echo Park, and Boyle Heights since 1953, 1961, and 2005, respectively. The majority of the hospital's patients are low income and have serious mental health issues, and a large number are homeless. An acute psychiatric facility that has both involuntary patients and outpatient programs, Gateways staff includes psychiatrists, internists, registered nurses, licensed vocational nurses, psychologists, social workers, and mental health workers, as well as a range of support personnel. Programs offered at Gateways are delivered through inpatient care, residential services, and outpatient clinics. A significant percentage of the patient population is involved in the legal/justice system. Gateways has been accredited by the American Osteopathic Association/Healthcare Facilities Accreditation Program (AOA/HFAP) since 2006.

Inpatients are mostly referred by Los Angeles County psychiatric emergency rooms and are brought to the facility by ambulance. This broadens the demographic region of patients, but approximately 55% of patients are admitted from the local metro service area, Los Angeles County Service Planning Area 4 (SPA 4), for treatment. With more than 65 years of community-based services, Gateways has strong relationships with hospitals, Federally Qualified Health Centers, and mental health clinics in the local community, which enables it to work collaboratively with patients and clients, homeless agencies, law enforcement, local schools, and behavioral health agencies within the scope of the service encashment area. Most of Gateways' hospital funding comes from the Los Angeles County Department of Mental Health, while its outpatient programs are funding through a variety of state and local sources. Gateways is a Short Doyle provider for individuals having no health insurance to cover their hospitalization.

Many universities and vocational programs rotate students through the hospital, making education one of Gateways' primary non-economic community benefits provided. Medical students and other students in healthcare-related fields come from several nursing programs including West Coast University, Los Angeles Valley College, and California State University, Los Angeles, as well as health psychology students at California State University, Long Beach. Additionally, Gateways hosts a rotation for third-year medical students at the University of Southern California, as well as additional students from occupational therapy, social work, and psychology programs across the county.

Gateways advocates for the needs of its mental health clients as a member of the Hospital Association of Southern California (HASC) and the Association for Community Human Services Agencies (ACHSA). Its community collaborations have yielded assistance with community gang issues, mental health education, parental support, neighborhood watch regarding violence and burglaries, and forging alliances with local political associations.

Mission, Vision and Values

Gateways maintains mental health facilities and programs, including an acute care psychiatric hospital, to serve the needs of individuals with mental illness and others requiring inpatient, outpatient, and residential treatment and care regardless of race, creed, national origin, or sex, including persons referred to or placed in such facilities or programs by courts or other public agencies.

Gateways' vision is to serve the most vulnerable populations, regardless of their ability to pay, with a caring and nurturing approach, providing quality health resources in a cost-effective manner. Using a performance monitoring process, Gateways maintains efficient and continuous quality improvement for all patients and program clients. Gateways' value in creating access to its programs regardless of one's ability to pay is an important community benefit, as is its onsite provision of both acute, involuntary inpatient psychiatric care and outpatient services in less restrictive settings.

Gateways' core value is to strive to provide the best mental health care by treating patients and clients with dignity and respect no matter what their psychological or physical health conditions. Treatment is focused on teamwork, respect, and innovation.

Gateways continues to develop and change programs based on community needs for service delivery beyond the traditional inpatient setting. Gateways has developed and continues to refine its outpatient mental health treatment programs to be community-based (such as the Wellness Program, Homeless Services Program, and its residential programs) as well as by incorporating evidence-based best practices into treatment modalities.

Methodology

California Code of Regulations §95103 requires that Gateways report dollar amounts of community benefit expenses rendered to vulnerable populations and the broader community, within the following community benefit categories.

- Charity Care (only relevant to vulnerable populations)
- Medi-Cal (only relevant to vulnerable populations)
- Other Means-Tested Government Program (only relevant to vulnerable populations)
- Community Health Improvement Services
- Community Benefit Operations
- Health Professions Education
- Subsidized Health Services
- Research
- Cash and In-Kind Contributions
- Other Community Benefits

To satisfy this requirement, Gateways calculated the dollar value of the following three primary programs, active in the reporting period of FY 24-25 (July 1, 2024 to June 30, 2025).

- <u>Inpatient Mental Health Hospital:</u> 55 bed inpatient acute mental health hospital which is accredited and licensed to provide acute psychiatric services for adults and adolescents in need of diagnostic evaluation, medication stabilization and management, and treatment within the milieu.
- <u>Crisis Residential Treatment Program:</u> The 16 bed program provides short term mental health and medication treatment for adults who have been discharged from an acute psychiatric inpatient unit or Urgent Care Center and require further psychiatric stabilization. The average length of stay is 30-60 days.
- Adult Residential Facilities Program: This program provides intensive residential services to assist clients with chronic mental illness who are transitioning from a locked psychiatric placement to community living. The primary focus is to provide holistic care spanning mental health, physical health, and substance abuse services in a structured residential environment.

Gateways calculated the dollar value of these programs by multiplying the number of beds by the relevant FY 24-25 service rates/day published by the LA County Department of Mental Health¹, then multiplying again by occupancy rates from the RAND Corporation's 2021 study of psychiatric bed capacity in California.²

| Inpatient Program Community Benefit Calculations | | | | | |
|--|--------------|---------------------|-----------|--------------------------------|--|
| Program | Beds | Service Rate/Day | Occupancy | Community Benefit Amount | |
| Inpatient Mental Health Hospital | 55 | \$1282.53 | 0.953 | \$24,536,691 | |
| Crisis Residential Treatment Program | 16 | \$509.68 | 0.981 | \$2,919,977 | |
| Adult Residential Facilities Program | 196 | \$298.59 | 0.867 | \$18,520,098 | |
| | \$45,976,766 | | | | |

Gateways then separated Medi-Cal community benefits from means-tested government program community benefits by multiplying the total by the percent of Medi-Cal patients (49%) and the percent of self-pay or uninsured patients (51%) estimated by the California Department of Health Care Access and Information (HCAI)³. As the three programs were funded by the County Department of Mental Health, all self-pay or uninsured patients were categorized as community benefits for other government programs.

¹ "CBO Bulletin: Legal Entity Mode 5 and 10 Service Rates FY 2025-26." LA County DMH. July 31, 2025.

² RAND Corporation. "Adult Psychiatric Bed Capacity, Need, and Shortage Estimates in California – 2021." 2022.

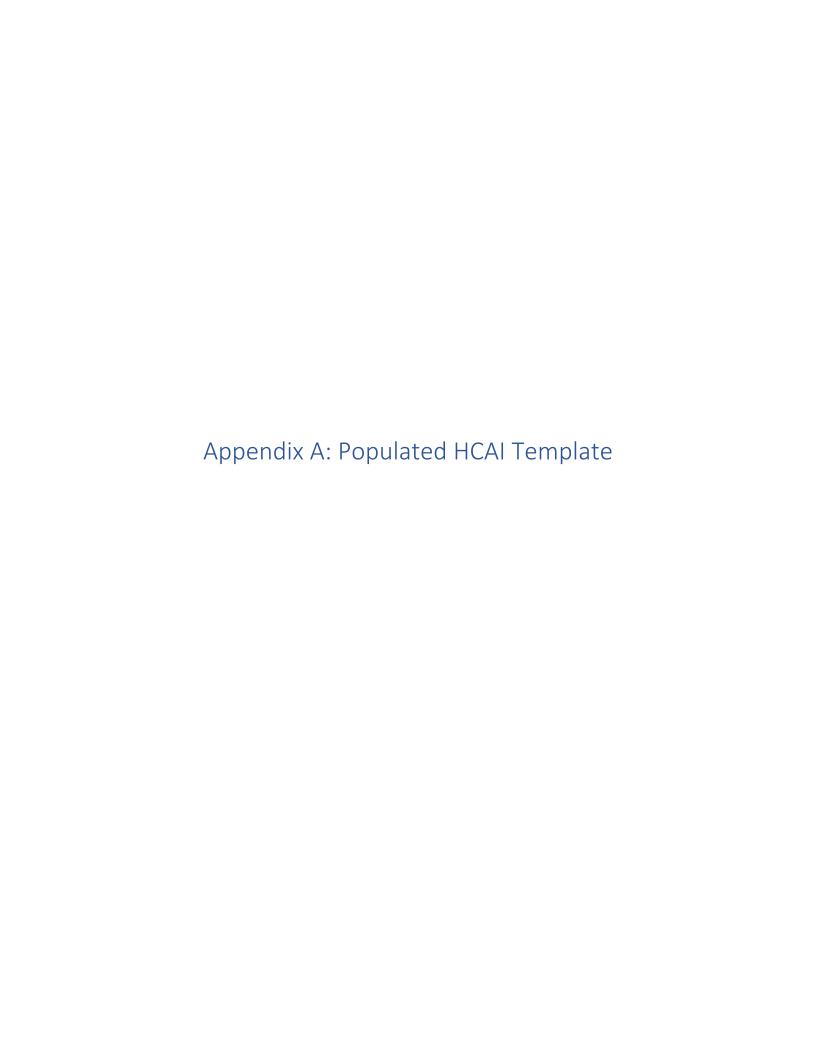
³ "Patient Characteristics by County and Facility." CA HCAI. Accessed October 2025. https://hcai.ca.gov/visualizations/patient-characteristics-by-county-and-facility/

Findings

The calculation showed a Medi-Cal community benefit value of \$22,528,615 and a meanstested government program community benefit value of \$23,448,151, for a total of \$45,976,766.

The results of this calculation are tabulated in Appendix A, in a populated version of a template issued by HCAI for CBPs in 2025. Appendix A also satisfies additional requirements regarding Community Health Needs Assessments mandated by CCR §95103.

Gateways administers other programs which are not included in this calculation and not reported as part of the final dollar amount. These programs are listed in Appendix B. Additional details about these programs are available upon request.





Hospital Community Benefits Plan

Submission Template

Please Note: the report submitter may use this template to assist in gathering the information required for submission. All plans are required to be submitted in the Hospital Disclosures and Compliance System (HDC). All information provided on this plan will be available for viewing by the public, including numerical and written responses

| Hospital Name: |
|--|
| HCAI Hospital ID: |
| Report Period Start Date: |
| Report Period End Date: |
| The web address where the Community Benefits Plan is published on the hospital's website: |
| The year the hospital last conducted a Community Health Needs Assessment (CHNA): |
| What community groups attended or engaged with the most recent CHNA process? Identify the vulnerable populations represented by these community groups. See "Vulnerable Populations" definition in the Glossary. |
| |
| |
| Does the Hospital make the CHNA report widely available to the public? Yes No |
| How the hospital made the Community Health Needs Assessment (CHNA) available to the public: |
| |
| |

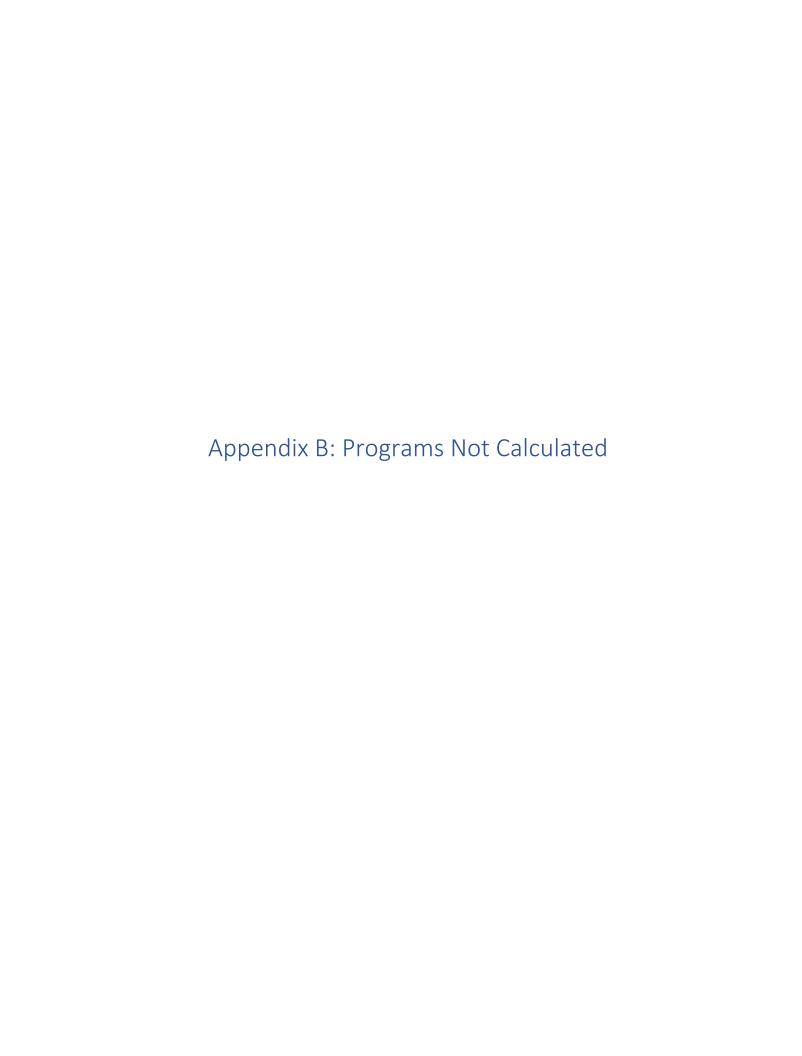
The web address where the CHNA is publicly accessible:

Community Benefits

For the reporting period, input the dollar amounts for the hospital's net community benefit expenses, separately aggregating each category for services to vulnerable populations and the broader community. The HDC system will automatically calculate total fields.

| Financial Assistance and Means-Tested Government Programs | Vulnerable Population | Broader Community | Total |
|--|-----------------------|-------------------|--------------|
| Traditional Charity Care | | | |
| Medi-Cal | \$22,528,615 | | \$22,528,615 |
| Other Means-Tested Government Program (Indigent Care) | \$23,448,151 | | \$23,448,151 |
| Sum Financial Assistance and Means-Tested Government Program | \$45,976,766 | | \$45,976,766 |
| Other Benefits | | | |
| Community Health Improvement Services | | | |
| Community Benefit Operations | | | |
| Health Professions Education | | | |
| Subsidized Health Services | | | |
| Research | | | |
| Cash and in-kind Contributions for Community Benefits | | | |
| Other Community Benefits | | | |
| Total Other Benefits | | | |
| Community Benefits Spending | | | |
| Total Community Benefits* | \$45,976,766 | | \$45,976,766 |
| Medicare | | | |
| Total Community Benefits with Medicare | \$45,976,766 | | \$45,976,766 |

^{*}Aggregate from tables above



Gateways provides community-serving programs that were not assessed for dollar amount of community benefits. Those programs include, but are not limited to, the following.

- <u>Child and Adolescent Outpatient Mental Health (GCAOP)</u>: The GCAOP integrates individual and family therapy, medication management, psychological testing, social rehabilitation, and case management services for children, youth, and families experiencing mental health issues and illness. Its goal is for children and youth to overcome impairments in the home and school environments while developing healthy coping skills and positive self-worth. 150 clients were served in the reporting year.
- Homeless Services Outpatient Program: The Homeless Services program provides
 assessment, intensive case management, and psychiatric evaluation and medication to
 adults with mental illness who are in various stages of homelessness and housing
 insecurity.
- Wellness Center: The Wellness Center provides mental health and medication treatment for mentally ill clients who are living independently in the community. While many of the clients continue to experience housing insecurity, the program also serves to link clients to community resources while fostering independence and well-being.
- Conditional Release Program (CONREP) Outpatient Services and Management:
 Inpatient services and management for patients still within state hospital. Provides ongoing evaluations to determine suitability for placement in Conditional Release Program, with services including individual treatment, group treatment, collateral contacts, intensive case management, urinalyses, home visits, individual and group occupational therapy, psychiatric care, medication and nursing support, violence risk assessments, and crisis management. 150 clients were served in the reporting year.
- Conditional Release Program (CONREP) Ongoing Forensic Evaluations: Inpatient services and management for patients still within state hospital. Provides ongoing evaluations to determine suitability for placement in Conditional Release Program, with services including individual treatment, group treatment, collateral contacts, intensive case management, urinalyses, home visits, individual and group occupational therapy, psychiatric care, medication and nursing support, violence risk assessments, and crisis management. 1,000 clients were served in the reporting year.
- Satellite Residential Program: Residential forensic treatment setting for adults recently released from the state hospital, per the director of the court or parole; directed into treatment by the court for restoration to competency training; or requiring a higher level of care to preserve their placement in the community. Services include individual treatment, intensive case management, individual and group occupational therapy, psychiatric care, medication and nursing support, violence risk assessments, and crisis management. 38 beds are included in the program.