



ADVENTIST HEALTH
CLEAR LAKE

IMPLEMENTATION STRATEGY
Year Three Update, FY 2025
January 1, 2025-December 31, 2025

2025

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Purpose & Summary

Non-profit health systems, community-based organizations, and public health agencies across the country all share a similar calling: to provide public service to help improve the lives of their community. To live out this calling and responsibility, Adventist Health Clear Lake (AHCL) conducts a Community Health Needs Assessment (CHNA) every three years, with our most recent report completed in 2022. Part of that process is engaging our community through focus groups, key informant interviews and surveys. Represented and vulnerable populations included: agricultural workers (Spanish-speaking), civic government & leadership, community-based healthcare workers focusing on behavioral health, education, health & human services, higher education, providers, families, food insecure, law enforcement, low-income, medically underserved, men, older adults, public health, students, tribal health services, unhoused and women populations.

Now that our community voices, stories, and priority areas are reflected in the CHNA, our next step is to complete a Community Health Improvement Plan (CHIP), or as we refer to it, a Community Health Implementation Strategy (CHIS).

The CHIS consists of a long-term community health improvement plan that strategically implements solutions and programs to address our health needs identified in the CHNA. Together with the Adventist Health Well-Being team, local public health officials, community-based organizations, medical providers, students, parents, and members of selected underserved, low-income, and minority populations, Adventist Health Clear Lake intentionally developed a strategic plan to address the needs of our community.

In this Implementation Strategy Year Three Update, FY 2025, also known as the Community Health Plan Update, FY 2025, you will find strategies, tactics, and partnerships that address the following health needs identified in the 2022 Adventist Health Clear Lake Community Health Needs Assessment.

- **Access to Care**
- **Health Risk Behaviors**
- **Mental Health**

Blue Zones Project Lake County

Across the globe lie blue zones areas – places where people are living vibrant, active lives well into their hundreds at an astonishing rate—and with higher rates of well-being. Attaining optimal well-being means that our physical, emotional, and social health is thriving. Blue Zones Project works with communities to make sustainable changes to their environment, policies, and social networks to support healthy behaviors. Instead of a focus on individual behavior change, it is an upstream solution focused on making healthy options easy in all the places people spend most of their time. Blue Zones Project is committed to measurably improving the well-being of community residents and through their proven programs, tools and resources, utilizes rigorous metrics to inform strategies and track progress throughout the life of the project. This includes well-being data, community-wide metrics, sector-level progress and outcome metrics, transforming community well-being by making changes to environment, policy, worksites and social networks that create healthy and equitable opportunities for all.

Adventist Health Clear Lake proudly sponsors Blue Zones Project Lake County (BZPLC). The BZPLC team wakes up each morning focused on partnering and collaborating with community leaders and organizations active in the sectors of built environment, education, economic and workforce development, mental and physical well-being, policy and public health. Together the BZPLC team and sector leaders develop a community Blueprint that strategically aligns and leverages the actions and resources of the sectors where we live, learn, work and play to help advance the efforts around the community's biggest Social Determinant of Health challenges while connecting them to Health-Related Social Needs organizations.

Equity is a strategic priority woven throughout the Blueprint and programs. Policies and initiatives are developed in a way that honors the local culture that is focused on reaching out to all populations. Each year BZPLC sector leads come together to evaluate and update the Blueprint to ensure community alignment.

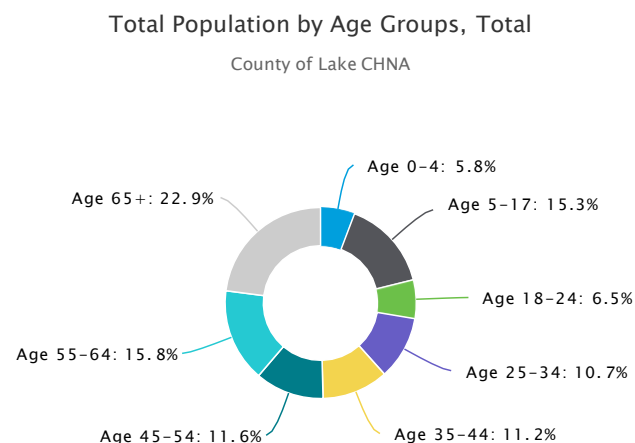
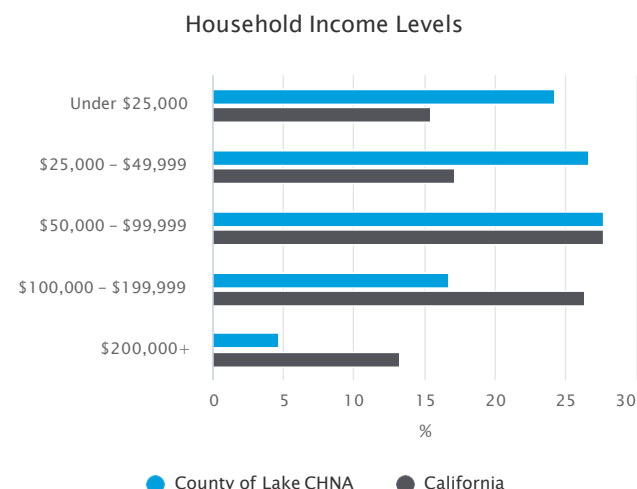
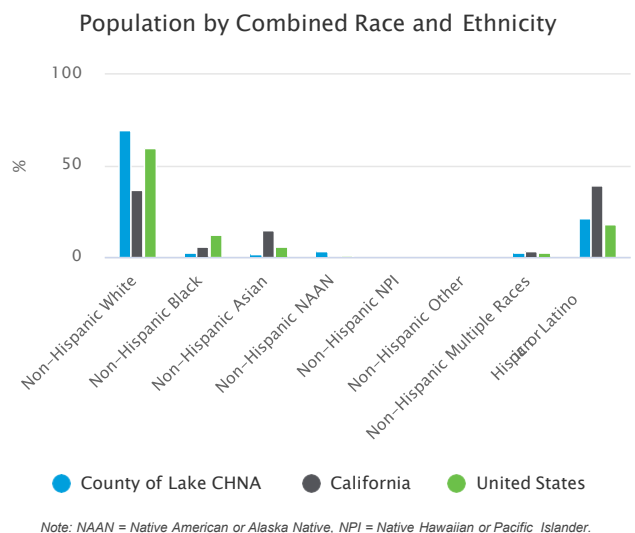
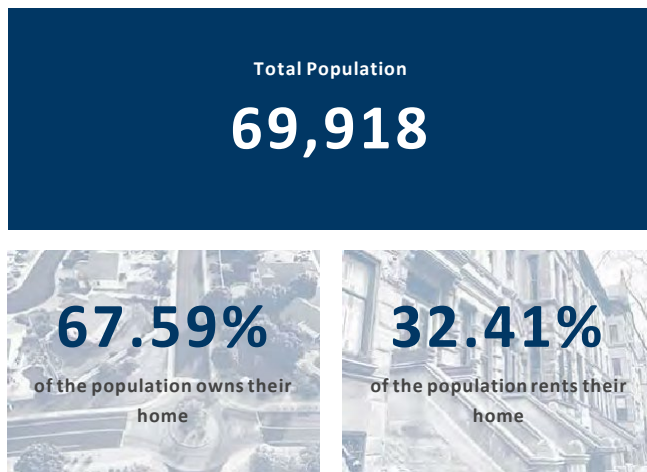
To learn more about Blue Zones Project Lake County and how to get involved visit: lakecounty.bluezonesproject.com

Who We Serve

DEMOGRAPHIC PROFILE

The following zip codes represent Sutter Health Lakeside and Adventist Health Clear Lake's primary service area (PSA), accounting for 75% of hospital discharges. Additionally, we took a collaborative approach and expanded our PSA by inviting Steering Committee members to include the zip codes of those they serve.

The County of Lake CHNA market has a total population of 69,918 (based on the 2020 Decennial Census). The largest city in the service area is Clear Lake, with a population of 15,250. The service area is comprised of the following zip codes: 95451, 95443, 95435, 95464, 95493, 95426, 95423, 95485, 95457, 95461, 95469, 95458, 95453, 95422, 95467.

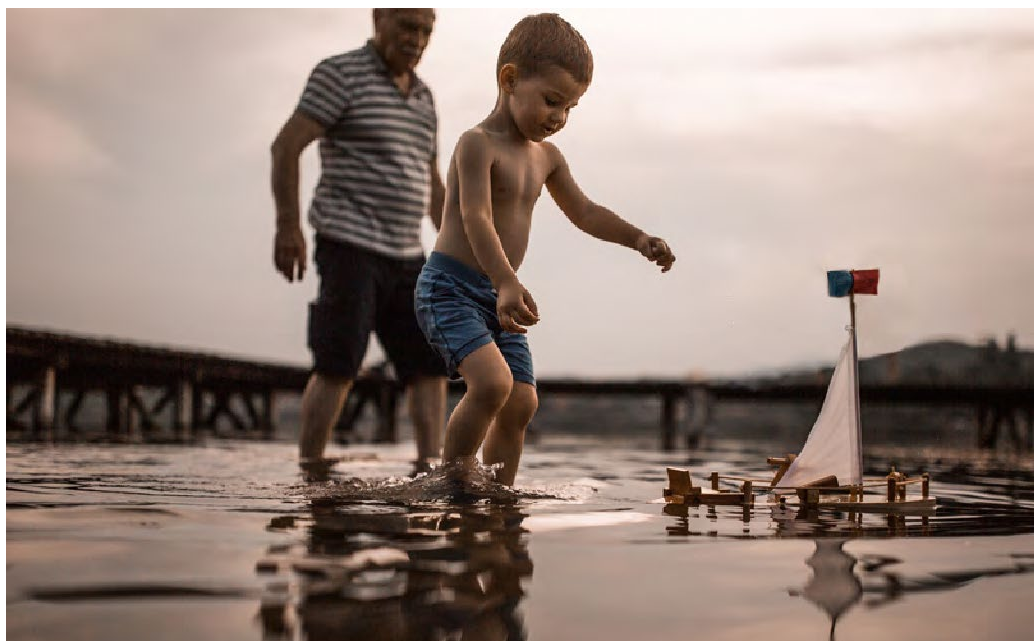


About Us

Adventist Health Clear Lake

Adventist Health Clear Lake has been serving their community since 1968 with a 25-bed critical access medical center in Clearlake California, at the intersection of hope and healing in Lake County.

Adventist Health Clear Lake is situated in one of the most beautiful areas of Northern California and proudly offers primary and specialty care services at locations in neighborhoods from Lakeport to Middletown.



Adventist Health

Adventist Health is a faith-inspired, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities. Our compassionate and talented team of 34,000 includes associates, medical staff physicians, allied health professionals and volunteers driven in pursuit of one mission: living God's love by inspiring health, wholeness and hope. Together, we are transforming the American healthcare experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing to support community well-being.

Adventist Health's Approach to CHNA & CHIS

Adventist Health prioritizes well-being in the communities we serve across our system. We use an intentional, community centered approach when creating our hospital CHNA's to understand the health needs of each community. After the completion of the community assessment process, we address health needs such as mental health, access to care, health risk behaviors, and others through the creation and execution of a Community Health Implementation Strategy (CHIS) for each of our hospitals and their communities.

The following pages highlight the key findings the Adventist Health Clear Lake CHNA Steering Committee

identified as their top priority health needs, or as we refer to them in this report, their 'High Priority Needs'. The High Priority Needs are addressed in the implementation strategy and are reported on a yearly basis through the Annual Community Health Plan Update. This is year three of a three-year strategy to improve the health of our community. We invite you to learn about the actions, activities and programs that have been implemented in 2025.

Action Plan for Addressing High Priority Needs

The following pages reflect the goals, strategies, actions, and resources that Adventist Health Clear Lake provided in 2025

ADDRESSING HIGH PRIORITY: ACCESS TO CARE

GOAL	Expanding services to meet the needs of the community's health.
Strategy 1:	Open Rapid Care Clinic/Develop and Launch Job Care
Strategy 2:	The Live Well Mobile Van/Street Medicine will bring care to the doors of Restoration House, Hope Center, individuals accessing services of mobile shower trailer, and pop-up locations in partnership with community organization and agencies (churches, schools, community events).

FY 2025 YEAR THREE Program/Activity

COMMUNITY IMPACT SUMMARY/ALL STRATEGIES
<u>Strategy #1</u> In 2025 AHCL operated two Rapid Care Clinics: Clearlake and Lakeport. Rapid Care is a walk-in clinic that provides quick medical attention when your primary care provider isn't available, and your condition doesn't require a visit to the Emergency Department. Services include: • Allergic reactions • Animal and bug bites • Body and muscle aches • Bronchitis, sore throat, respiratory infections • Cold and flu symptoms • Cough and wheezing • Cuts and lacerations • Diarrhea • Ear/Eye infections • Fever • Falls and sprains • Headaches • Minor cuts and burns • Minor trauma • Pain and swelling in extremities • Rashes and itching • Sinus infections • Urinary tract infections • Onsite testing for strep, pregnancy, blood sugar, urinalysis • DMV physicals • Sports physicals. In 2025 we saw 6,264 Rapid Care Clinic visits that served to shorten access to care backlogs and prevented Emergency Department visits for minor medical services. <u>Strategy #2</u> The Live Well Street Medicine Van was outfitted and inspected by CDPH for licensing and will begin services in early 2026. In partnership with the Keck School of Medicine of USC we joined the California Street Medicine Collaborative to establish delivery of care to people living unsheltered. Hosted by USC Street Medicine, the Collaborative supports the delivery of care to people living unsheltered—under bridges, in encampments, and on sidewalks—through shared learning, policy engagement, and systems change.

In June 2025 the Community Health Team brought Corrine Feldman from USC Keck School of Medicine to Lake County for a free community wide Street Medicine Training. Focusing on the fundamentals of providing medical and behavioral healthcare to the unhoused community.

In October, USC brought Corrine and Brett Feldman for an intensive 3-day Street Medicine training focused on rural street medicine and opened to providers across the state. USC hosted at the Blue Lakes Lodge. Providers from AH, the Community Health Team and providers across the state attended.



STRATEGY THAT CHANGED DURING THE YEAR:

Job Care Service Line was not pursued.

ADDRESSING HIGH PRIORITY: HEALTH RISK BEHAVIORS

GOAL	Advocate for smoking and vaping policies and provide cessation support and education for youth.
Strategy 1:	Konocti Wellness Center, a clinic on school campus, will provide support services for smoking/vaping cessation and education at the youth level.
GOAL	Increase healthy food access for underserved community members.
Strategy 2:	Mountain View Café BZP Approved and Promoted
FY 2025 YEAR THREE Program/Activity	

COMMUNITY IMPACT SUMMARY/ALL STRATEGIES

Strategy 1

In 2025 our Cessation Support Expansion Workgroup offered 2 smoking cessation training courses for the community. We trained 48 cessation leaders who began 4 Cessation Programs including the Konocti School District where the Konocti Wellness Center resides.

In October 2025 we hosted “Tall Cop Says Stop” Community Educational Event. This event provided prevention education, strategies and awareness to educators, parents and community members on vaping in schools, normalization through social media, digital awareness and identifying concealment methods. The event was hosted in Clearlake at Konocti School District and in Lakeport at Lakeport School District.

Our expanded Cessation strategies included Policy and Health Equity support of the Retail Tobacco License Policy for Lake County. All retail stores selling tobacco products must register with the county, display their license and are subject to enforcement.

Strategy 2

In 2025 two AHCL sites became Blue Zones Certified, the [Mountain View Café](#) and [Hope Center](#).

The Mountain View Café provides BZ meals three times daily to AHCL Associates and the community at large. The **Blue Zones Worksite and Mountain View Cafe Approval Celebration and Ribbon Cutting** was a memorable event that was marked by enthusiasm and community spirit. The event featured self-care booths, a trail mix bar, Blue Zones inspired food samples, and much more. The ribbon-cutting ceremony was undoubtedly the highlight of the event, symbolizing the official approval status. Our goal is to become a Blue Zones Certified Worksite and promote health and well-being in our community.

Key stakeholders and community leaders graced the occasion with their presence, underscoring the collaborative effort behind this significant milestone. Our team engaged in conversations with the Blue Zones Lake County team, who highlighted the principles of Blue Zones, emphasizing the importance of healthy living and social connectivity. Attendees had the opportunity to participate in a short yoga session and create their own essential oil diffuser.

Overall, the Blue Zones Celebration and Ribbon Cutting event was a resounding success, igniting a sense of collective purpose and inspiring positive change within our community.

Hope Center provides Blue Zones meals twice daily to the clients residing at Hope Center.

ADVENTIST HEALTH COMMUNITY IMPACT IN THE NEWS:



Smoking and Vaping Cessation

FACILITATOR Training

Lou Moerner will lead us in Smoking/Vaping cessation facilitator training. The training explains nicotine addiction, program content and implementation, and how to facilitate group interaction. This is an in person, six-hour training with an hour lunch. Lunch is provided.


Wednesday, April 23
09:00–4:00 PM


Lake County Office of Education
Kesey Room
1152 S MAIN ST, LAKEPORT, CA



Facilitator Training is designed for public health professionals, healthcare workers, educators, CalAIM providers, or anyone with an interest in supporting their fellow community members in going tobacco-free. As a facilitator, you have the unique opportunity to serve your community by helping people break their addiction!



Facilitator training course is designed to educate individuals on the basics of tobacco use, proven-effective strategies to help people quit, mastery of the science-backed evidence-based Kaiser model program curriculum and enhanced facilitation skills to host group cessation classes within their communities and beyond.



To register for this training class, use the QR code.
Or send an email to bradenck01@ah.org






Youth Smoking and Vaping Cessation

PROJECT SUN Training

Lou Moerner will lead us in Project Sun - evidence-based tobacco cessation curriculum. Lou Moerner is a Native community consultant and researcher, deeply experienced in designing culturally grounded cessation programs. She co-developed Project SUN, as well as the Second Wind Adult Tobacco Cessation curriculum, both tailored for AIAN communities. The training will focus on youth nicotine addiction. This is an in person, day and a half training. Lunch is provided.


Wednesday, October 22
08:30 AM–4:30 PM


Thursday, October 23
09:00 AM–2:00 PM


Lake County Office of Education
Kesey Room
1152 S MAIN ST, LAKEPORT, CA



Project SUN Training is designed for public health professionals, healthcare workers, educators, CalAIM providers, or anyone with an interest in supporting their fellow community members in going tobacco-free. As a facilitator, you have the unique opportunity to serve your community by helping our youth break free of their addiction!



To register for this training class, use the QR code.
Or send an email to bradenck01@ah.org




Mountain View Café feeds Konocti School District Hope Center Blue Zones





Blue Zones Certification at Hope Center

ADDRESSING HIGH PRIORITY: MENTAL HEALTH

GOAL	Elevate existing programs and organizations to have a positive impact on student and staff as well as train faith leaders as certified Mental Health Coach 1 st Responders.
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Strategy 1:	Work with local faith leaders to offer Mental Health Coaches 1 st Responder Training and Certification
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Strategy 2:	Adopt Blue Zones proven best practices to support well-being among students and staff
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FY 2025 YEAR THREE Program/Activity
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COMMUNITY IMPACT SUMMARY/ALL STRATEGIES
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Strategy 2:

A complete and detailed summary is included at the end of this report, offering a full breakdown of activities, outcomes, and supporting information.

STRATEGY THAT CHANGED DURING THE YEAR:

The work with faith leaders to participate in certified Mental Health Coaching has been postponed to calendar year 2026, and we are using additional time to strengthen planning, secure resources, and ensure we can launch the program with full support and engagement.

Adventist Health Clear Lake Additional Narrative: Other programs/activities not included in the 2023 CHIS Strategic Plan that support community impact	Process Measures How many attendees? How many events?
Hope Center Community Supports Housing Navigation Servies - Members experiencing homelessness or at risk of experiencing homelessness receive help to find, apply for, and secure housing Mobile Shower Trailer - Brings basic needs to people who are unhoused or inadequately housed. It provides showers, resource navigation, document recovery and basic needs at 4 locations throughout the county. Community Health Worker Program: The Community Health Worker Certification Program launched in Lake County in 2025. This summer marked the official launch of the Community Health Worker (CHW) Certification Program — a first-of-its-kind collaboration between Adventist Health Clear Lake and Woodland Community College. Designed to strengthen the local public health workforce, the two-semester program combines academic instruction through Woodland Community College with hands-on practicum experience provided by Adventist Health’s Community Health department. The program was developed in direct response to Lake County’s workforce and community health needs, offering students a pathway to stable employment and purpose-driven service. Through partnership, students gain the skills and real-world training necessary to become trusted advocates in their communities, addressing barriers to care, promoting wellness, and supporting initiatives such as CalAIM and population health outreach. The inaugural cohort began classes in Summer 2025, marking a milestone achievement in local workforce development. This collaboration represents a sustainable investment in Lake County’s future — cultivating homegrown talent, improving access to culturally responsive care, and ensuring that those serving our most vulnerable populations are rooted in both education and compassion. The comprehensive curriculum covers essential topics such as trauma-informed care, cultural humility, harm reduction, boundaries, case management, social determinants of health, mandated reporting, and crisis intervention — with a consistent focus on self-care, safety, and resilience. This ongoing initiative not only strengthens professional capacity but also fosters a shared language and network among those addressing the county’s most pressing health and social challenges. Monthly CalAIM training for agencies engaged in ECM and Community Support services Compassion in the Cold event to honor lives lost to homelessness in the past year.	1,433 3,823 25 105 75

CHW Collaborative – Monthly meeting across agencies to help provide the best care possible to clients and identify care gaps and coordinated entry alignment. These attendees represent approximately 1600 clients.	56
Lighting the Way Awards Ceremony - Community Health is a “Beacon of Hope” for Lake County Emphasizing the deep, grounded commitment of those working to improve community health, highlighting their forward-looking, transformational role, and celebrating their inspirational impact.	153
Rooted in Care Conference - Empowering Lives From the Ground Up — One Relationship at a Time. Emphasizing the deep, grounded commitment of those working to improve community health, highlighting their forward-looking, transformational role, and celebrating their inspirational impact.	139
The <i>Circle of Care</i> initiative represents a growing movement in Lake County to foster culturally responsive and compassionate care across the lifespan, beginning with the sacred journey of childbirth. This collaborative project—spearheaded by Adventist Health Clear Lake in partnership with Kno’Qoti Native Wellness, Sutter Lakeside Hospital focuses on bridging the gap between traditional Indigenous birth practices and modern healthcare settings. Nursing leaders from both Adventist Health Clear Lake and Sutter Lakeside Hospital participated, engaging deeply in conversations about cultural humility, traditional birthing practices, and the healing power of listening. Through storytelling, shared reflection, and facilitated discussion, participants explored how to honor Indigenous families’ cultural practices, improve birth experiences, and create more inclusive and healing-centered healthcare environments. Kno’Qoti Native Wellness played a central role in facilitating this space of mutual learning—offering cultural grounding, education on historical trauma, and a safe environment for reflection and connection. Without their partnership and vision, this work would not have been possible. Key Outcomes and Commitments: • Cultural Competency in Action: Both hospitals committed to implementing cultural awareness training for their nursing workforce, led by KNWI, to ensure care is trauma-informed and culturally responsive. • Bridging Care and Culture: The dialogue deepened understanding of how sacred traditions, ceremony, and connection to land influence Indigenous approaches to birth and wellness. • Ongoing Partnership: The <i>Circle of Care</i> series will continue, expanding into future sessions focused on <i>Identity in Healthcare</i> and <i>Emergency Department and Operating Room experiences</i>, with the goal of embedding cultural respect across all points of care. Adventist Health Clear Lake continues to strengthen its role as a trusted community partner by actively supporting local organizations, schools, and youth sports programs. Through donations, volunteer engagement, and collaborative events, the organization helps ensure children and families have access to healthy activities, educational opportunities, and essential resources. These efforts reflect AH Clear Lake’s commitment	30

to fostering strong, long-lasting relationships and investing in the well-being of the communities it serves.	
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2025 BLUE ZONES PROJECT LAKE COUNTY EXECUTIVE SUMMARY

From May through December 2021, the Blue Zones Project team assessed Lake County’s readiness to undertake a community well-being transformation—an initiative designed to make the healthy choice the easy choice through permanent changes in environment, policy, and social networks. The team conducted a comprehensive analysis of the county’s well-being landscape, engaging local leaders and stakeholders across all sectors to identify strengths, challenges, and opportunities for improvement. These findings were compiled in the Blue Zones Project - Lake County (BZPLC) Discovery Report and supplemented by policy discovery meetings led by Blue Zones LLC in the areas of built environment, tobacco, and food policy.

In May 2025, BZPLC launched Year Four of its transformation phase. Below is a summary of 2024 progress highlights, demonstrating how our community has embraced the Blue Zones principles and exceeded key benchmarks ahead of schedule.

PEOPLE HIGHLIGHTS

The BZPLC team collaborates with community leaders, stakeholders, businesses, and resource agencies to increase awareness of the Blue Zones vision and to offer free, public events such as classes, demonstrations, and workshops. Community engagement numbers as of 2025 reflect early achievement of certification goals, surpassing expectations by two years. Please note that the engagements reflected are unique; community members who have attended more than one Blue Zones event/program are counted only once.

Engagement Activity	Total Participants to date, from project inception
Individuals engaged with one or more Blue Zones Project activities	3,157
Individuals who completed the RealAge Test (a personalized health assessment)	2,575
Participants in Blue Zones Purpose Workshops	477
Attendees at Blue Zones Cooking Demonstrations	619

Individuals interacting with BZPLC at community events*	7,744
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**Note: This number is likely underreported, as not all attendees sign in, and often only one person per family registers.*

BZPLC also

- Grew digital engagement substantially from 2024, with:
 - 1,040 Instagram followers
 - 1,770 Facebook followers
 - 2,419 newsletter subscribers, with a 52.25% open rate
- Surpassed the required number of media articles and mentions needed to reach 2026 certification.

PLACES HIGHLIGHTS

Schools (16 approved; project goal exceeded)

- Konocti Unified School District (KUSD) will reach worksite certification in May 2026 and will be the first school district in the nation to do so. Additionally, all schools within KUSD are Blue Zones Project approved. Lower Lake High School at KUSD is also in their fourth year of implementing the Blue Zones Power 9 Student Statistics Project, which has resulted in helping to drive positive changes within the school as well as contributing to the successful passing of local tobacco ordinances.
- BZPLC worked in collaboration with two school districts to secure funding for a Phase II, funded by a California Community Schools Grant which will focus on students and families at KUSD and LUSD.

Restaurants (8 total approved; project goal met)

- Newly approved in 2025:
 - On the Waterfront
 - Lakshmi Restaurant

Grocery Stores (2 approved; project goal met)

- Newly approved in 2025:
 - Grocery Outlet, Hidden Valley Lake

Worksites (14 total approved; project goal exceeded)

- Newly approved in 2025:
 - Lake County Health Services
 - City of Lakeport
 - Lake County Social Services
 - Konocti Unified School District

Community Organizations (15 total approved; project goal exceeded)

- Newly approved in 2025:

- Hope Center
 - Jack's Lavender Farm
 - Kelseyville Riviera Homeowner's Association
-

POLICY HIGHLIGHTS

- Tobacco Policy: Lake County has made historic progress in 2025 by having County Unincorporated, Clearlake, and Lakeport receive “A” grades by the American Lung association for strong commercial tobacco retail policies thereby resolving continual “F” grades over the 20+ years that the ALA has been ranking cities and counties for their protective measures to curtail the vector of brick and mortar stores contributing to teen commercial nicotine initiation.
 - Food Systems:
 - The Lake County Food Policy Council added a Food Relief section to its Strategic Plan with guidance from BZPLC and community experts. This addition will be a crucial guide for food relief support stakeholders to develop a longer-range focus on resilience preparation outside of emergency events.
 - BZPLC completed its Food Marquee Project by providing funding to the Mendo-Lake Food Hub to extend cold storage nodes into the Lakeport area to further extend distribution reach into the agricultural area near Big Valley.
 - Built Environment:
 - BZPLC has completed two Safe Routes to School Concept Plans- one for Lower Lake Elementary and High School and one for Lakeport's Clearlake High School, Terrace Middle School and Lakeport Elementary, providing guidance for 5 public school campuses with Active Transportation improvement recommendations benefiting affiliated District Offices, neighborhoods, and adjacent thoroughfare users.
 - BZPLC delivered an Active Transportation Funding workshop on Aug 25, 2025. The workshop provided a very essential forum where schools, tribal leaders/staff, county staff, city staff, and community stakeholders could experience a collaborative setting and strengthen relationships where forward visioning grounded in the rationalized logic of funding availability.
 - BZPLC supported KUSD and City of Clearlake to successfully convert Acacia Street to a one way and resolve a 5-way stop south of Pomo Elementary by closing access to Huntington Avenue at the intersection of Pomo and Arrowhead road to automobiles.
 - BZPLC's Lakeport Marquee Project slated for completion in April 2026 provided critical funds for a much-needed crosswalk enhancement and ADU curb treatments at Giselman and Lange Streets in front of Lakeport Elementary.
-

LOOKING AHEAD

Implementing Blue Zones principles in rural areas with generational poverty presents unique challenges, particularly in Lake County, which has consistently ranked between 56–58 in California for health and well-being over the past several years. Despite these obstacles, stakeholder collaboration remains strong. BZPLC continues working with community partners to align efforts with Community Health Needs Assessment (CHNA) priorities and drive sustainable health improvements. With the successful award of the California Community Schools Grant, Phase II work is now underway in partnership with Konocti Unified School District (KUSD) and

Lakeport Unified School District (LUSD), with a focused emphasis on supporting students and families through integrated well-being strategies.

In this next phase, we are expanding beyond infrastructure development to deepen our impact within school communities - strengthening family engagement, enhancing student well-being initiatives, and aligning community resources to create sustainable systems of support. This momentum positions Lake County to build on its early successes while continuing toward county-wide Blue Zones Project approval by April 2026 - a milestone that will establish Lake County as a leader in rural well-being transformation.

Significant Identified Health Needs

The Adventist Health Community Well-Being team and community partners collectively reviewed all relevant significant health needs identified through the CHNA process. Using a community health framework developed for this purpose, 12 significant health needs were initially considered. The list of significant needs are as follows:

- Access to Care
- Community Safety
- Community Vitality
- Education
- Environment & Infrastructure
- Financial Stability
- Food Security
- Health Conditions
- Health Risk Behaviors
- Housing
- Inclusion & Equity
- Mental Health

From this group of 12, several high priority health needs were established for Adventist Health Clear Lake. High priority health needs were chosen as they had demonstrated the greatest need based on severity and prevalence, intentional alignment around common goals, feasibility of potential interventions, and opportunities to maximize available resources over a three-year period.

Using the criteria mentioned above, we were able to determine which needs were high priority, as compared to those that were significant needs. The High Priority Needs are the focus of the community health implementation strategy and this accompanying Community Health Plan Update, FY 2025. The remaining significant health needs are not addressed directly but will likely benefit from the collective efforts defined in this report

TABLE OF SIGNIFICANT IDENTIFIED HEALTH NEEDS

Access to Care
Health Risk Behaviors
Mental Health
Lower Priority Needs that will not be addressed directly by Adventist Health Clear Lake due to limited resources, expertise and feasibility of viable interventions
Housing
Mental Health
Health Condition
Food Security
Environment & Infrastructure
Inclusion and Equity
COVID
Education
Community Vitality
Community Safety



Scan the QR code for the full Secondary Data Report



Community Health Financial Assistance for Medically Necessary Care Commitment

Adventist Health understands that community members may experience barriers in paying for the care they need. That is why we are committed to providing financial assistance to those who may need support in paying their medical expense(s).

Community members can find out if they qualify for financial aid in paying medical bills by completing a financial assistance application. Applications can be filled out at the time care is received or after the bill has been administered. To access the financial assistance policy for more information or contact a financial assistant counselor, please visit us at: [Adventist Health - Help Paying Your Bill](#).



Adventist Health Clear Lake Hospital
HCAI #: 106171049
15630 18th Avenue, Clearlake, CA 95422
(707) 994-6486
Adventist Health Clear Lake - Clear Lake
Healthcare

Susan Passalacqua, Community Benefit
Compliance Manager
P 916-406-1469 | [AdventistHealth.org](https://www.adventisthealth.org)



Thank you for reviewing our Implementation Strategy Year Three Update, FY 2025.
We are proud to serve our local community and are committed to making it a healthier place for all.
To provide feedback on this community benefit report or other reports referenced, please email
community.benefit@ah.org. You may also request a copy free of charge.

To review this report as well as our most recent Community Health Needs Assessment and Community Health
Implementation Strategy please visit: <https://www.adventisthealth.org/clear-lake/> or [Adventist Health
Community Benefit](https://www.adventisthealth.org/community-benefit/).

At Adventist Health, community benefit is an essential extension of our mission and the care continuum. Our investments are guided by our Community Health Needs Assessments and reflect a proactive, strategic approach to improving the health and well being of the communities we serve.

All community benefit activities are reported at cost. Patient financial assistance (charity care) included in this report is submitted to the California Department of Health Care Access and Information (HCAI) through the Hospital Annual Financial Disclosure Reports, as required by Assembly Bill (AB) 204. Community benefit expenses related to charity care, Medi-Cal, and other means tested programs are calculated using a cost to charge ratio to reflect the cost of services net of any associated revenue. Other community benefit activities are valued using standard cost accounting methodologies, and restricted offsetting revenue is deducted where applicable to determine the net community benefit.

In accordance with AB 204, Section 95103, net community benefit expenses are reported separately for services provided to vulnerable populations and for services that benefit the broader community. These totals represent the economic value of Adventist Health's commitment to meeting community needs and advancing equitable health outcomes.

Adventist Health Clear Lake	Year 2025	Net Vulnerable Population	Net Broader Community	Total Community Benefit
Traditional charity care		\$2,204,328	\$0	\$2,204,328
Public programs - Medicaid		\$0	\$0	\$0
Medicare		\$0	\$0	\$0
Other means-tested government programs (Indigent care)		\$0	\$0	\$0
Community health improvement services		\$593,014	\$723,253	\$1,316,267
Health professions education		\$0	\$0	\$0
Non-billed and subsidized health services		\$0	\$10,447,211	\$10,447,211
Generalizable Research		\$0	\$0	\$0
Cash and in-kind contributions for community benefit		\$6,000	\$43,748	\$49,748
Community building activities		\$0	\$892,954	\$892,954
TOTAL COMMUNITY BENEFITS		\$2,803,342	\$12,107,166	\$14,910,509