





# Community Benefit Report Fiscal Year 2025









#### Community Benefit Update and Plan Torrance Memorial Medical Center Fiscal Year 2025 (July 1, 2024 – June 30, 2025)

#### Submitted to:

Department of Health Care Access and Information Accounting and Reporting Systems Section Sacramento, California

#### Contents

About Torrance Memorial Medical Center	4
Mission, Vision and Values	6
Governance	6
Caring for our Community	7
Community Health Needs Assessment	10
Addressing Priority Health Needs – Fiscal Year (FY) 2025	12
Community Benefit Services Summary FY 2025	17
Financial Summary of Community Benefit	22
Community Benefit Plan for FY 2026	23
Health Needs the Hospital Will Not Address	28
Evaluation of Impact	28
Contact Information	29
Appendix A: Torrance Memorial Medical Center Community Benefit Financial Commitments – Populations and Broader Community	
Appendix B: Community Benefit Commitments – Vulnerable Populations and Broader Commu	ınity 31
Appendix C: Community Stakeholders Engaged in Prioritizing Health Needs	32

#### **About Torrance Memorial Medical Center**

Founded in 1925 by Jared Sidney and Helena Childs Torrance, Torrance Memorial Medical Center is a 610-bed nonprofit medical center established to provide quality health care services predominantly to the residents of the South Bay, Peninsula and Harbor communities. Torrance Memorial seeks to offer the most current and effective medical technologies rendered in a compassionate, caring manner.

Today, a world-class regional medical center, Torrance Memorial, includes an extensive integrated system of physicians and comprehensive medical services to provide coordinated communication and a continuum of care. Torrance Memorial is affiliated with Cedars-Sinai under the umbrella of Cedars-Sinai Health System.

The Medical Center offers general acute care services and serves as one of only two certified burn treatment centers in Los Angeles County. With more than 4,000 employees, Torrance Memorial is one of the South Bay's largest employers. The medical staff includes over 1,100 physicians and the volunteer corps embraces more than 1,000 members.

As the South Bay's first hospital, Torrance Memorial was relocated to its present site in 1971. Over the years, the Medical Center has continually grown and expanded to meet the community's health care needs. Among the many Torrance Memorial services and programs of special note are:

Emergency Care Hunt Cancer Institute

Imaging Services – Diagnostic and Interventional Lundquist Lurie Cardiovascular Institute

Radiology Lundquist Neurosciences Institute
Family Birth Center Lundquist Orthopedic Institute

Level III Neonatal Intensive Care Unit Burn Center

Home Health and Hospice Rehabilitation Services

Vasek Polak Research Program Thelma McMillen Recovery Center

#### **Awards and Recognition**

Torrance Memorial Medical Center was the recipient of the following awards and distinctions:

- Academic Consortium for Integrative Medicine and Health Member 2023
- Academy of Medical-Surgical Nurses AMSN Prism Award 2021-2024
- Aetna Institutes of Quality for Bariatric Surgery Facility 2022
- Aetna Institutes of Quality for Total Joint Replacement 2023-2025
- American Association of Critical-Care Nurses, Beacon Award of Excellence 2023
- American College of Emergency Physicians Bronze Level 3 Geriatric Accreditation
- American College of Surgeons National Accreditation, Breast Cancer, Metabolic and Bariatric Surgery
- American Heart Association Get with the Guidelines Awards 2025: Gold+ Stroke with Target: Stroke
  Honor Roll Elite and with Target: Type 2 Diabetes Honor Roll, Gold+ Heart Failure with Target: Heart
  Failure Optimal and with Target: Type 2 Diabetes Honor Roll, Gold Resuscitation, Gold Coronary Artery
  Disease NSTEMI with Target: Type 2 Diabetes Honor Roll, Silver+ Coronary Artery Disease STEMI
  Receiving with Target: Type 2 Diabetes Honor Roll, Resuscitation Target CPR and Survival, Commitment
  to Quality
- American Nurses Credentialing Center, Magnet® Re-designation for nursing excellence (2024)

- Baby-Friendly USA Designated Hospital for maternal child health
- Beacon Gold and Silver Designations from the American Academy of Critical-Care Nurses
- Blue Shield Blue Distinction Center for Spine, Hip and Knee Surgery, Maternity Care, Bariatric program
- CA Department of Public Health Silver Designation for Antimicrobial Stewardship 2023-2026
- College of Healthcare Information Management Executive Digital Health Most Wired recognition 2020
- Cribs for Kids National Gold Certified Safe Sleep Hospital 2023
- Daily Breeze Annual Reader's Survey, South Bay's Best Hospital 2025
- Designated STEMI Receiving Center, Department of Health Emergency Services Agency of L.A. County
- Easy Reader's Best of the Beach, Best Hospital (2024)
- eHealthcare Leadership Award Winner 2023
- ECMO Center Pathway to Excellence and ED Recognition Silver Level
- Emergency Nurses Association Lantern Award Redesignation 2024
- Healthcare Accreditation Services DNV-GL Certification, Comprehensive Stroke Center
- Healthgrades Outstanding Patient Safety Excellence and Patient Experience Awards 2025
- Institute for Medical Quality/CA Medical Assoc. 6-year Accreditation with Commendation (2017-2023)
- Integrated Healthcare Association (IHA) Excellence in Healthcare Award 2022 (TMIPA)
- Leapfrog Hospital Safety Grade "A"
- Leading Laboratories American Society for Clinical Pathology and The Joint Commission 2022-2024
- Lung Cancer Alliance Screening Center of Excellence
- Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program through 2027
- *Newsweek*: Americas Best Maternity Hospital (2025), World's Best Cancer Hospitals (2023), World's Best Hospitals (2024) 13th year in a row, World's Best Specialized Hospital in Cardiology (2023)
- Nurses Improving Care for HealthSystem Elders NICHE 2020-2021
- Press Ganey Guardian of Excellence Award in Patient Experience 2024
- Restorix Health Clinical Distinction for Wound Care
- *U.S. News and World* Report: Best Hospital ranked 3rd in the Los Angeles/Orange County Region and 8th highest ranking for hospital quality in California, Ranked Nationally in Geriatrics, OBGYN and Orthopedics, Ranked High Performing in 7 specialty areas and in 18 conditions and procedures areas

#### **Accrediting Organizations Giving Torrance Memorial High Marks**

- American Burn Association Burn Treatment Center of Excellence re-verified through 2024
- American College of Radiology Center of Excellence for Breast Imaging
- American College of Surgeons, Comprehensive Community Cancer Center
- American Society for Metabolic and Bariatric Surgery accredited center, Bariatric Surgery
- Centers for Medicare and Medicaid Services: HCAHPS Patient Experience, 4-Star Rating, Home Health Care, 4.5-Star Rating, Overall Quality, 5-Star Rating, Transitional Care Unit, 5-Star Rating
- Joint Commission Advanced Certification for Comprehensive Stroke Center, and Primary Inpatient
  Diabetes, Heart Failure, Total Joint Hip and Knee, Home Health and Hospice, Maternity Care and Spine,
  Joint Commission 3-year accreditation, Joint Commission, CLIA and American Assoc. of Blood Banks for
  the clinical laboratory and blood bank
- Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program 2024

#### Mission, Vision and Values

**Mission:** Under the governance of a community-based Board of Trustees, Torrance Memorial serves the public interest by:

- Improving community health within the scope and expertise of our resources
- Offering the most current and effective technologies rendered in a compassionate, caring manner
- Maintaining long-term stability to assure our strength and viability for the benefit of the community

**Values:** The employees, physicians and volunteers of Torrance Memorial Medical Center support our mission through a set of core values. We promote recovery and healing by embracing the values of:

#### Service

We value service as our special ability to administer compassionate health care and support to people in need of assistance.

#### **Excellence**

We value excellence as the standard of performance for which we strive in the provision of health care services and in our relationships.

#### **Knowledge**

We value knowledge as an essential component critical to our work environment and to the care we provide.

#### **Stability**

We value stability as the foundation upon which a viable institution is maintained for the benefit of the community.

#### **Community**

We value community as the interdependent group of diverse people who are drawn together to provide services at Torrance Memorial Medical Center.

#### Governance

The Torrance Memorial Medical Center Board of Trustees guides the direction of Community Benefit, with input from the Community Benefit Planning Committee.

#### **Community Benefit Planning Committee**

The Community Benefit Planning Committee is a committee of the Board, which sets priorities and monitors progress for hospital Community Benefit. The Committee reviews and validates legal and regulatory compliance specific to Community Benefit mandates; assures Community Benefit programs and services are effectively meeting identified community health needs, with emphasis on health equity and on populations with unmet health needs; and increases transparency and awareness of Community Benefit activities. The members of the Committee include:

- Keith Hobbs
- Sherry Kramer, Chairperson
- Dr. Victoria Shin
- Tracy Underwood

#### **Caring for our Community**

This report demonstrates tangible ways in which Torrance Memorial is fulfilling our mission. As an integral part of the Los Angeles community, our work goes beyond the walls of our facility. We provide care to the uninsured and underinsured every day in a variety of settings and through key partnerships with community clinics and homeless service providers to elevate the health of the region. Torrance Memorial is dedicated to empowering people throughout the Greater South Bay to live healthier lives. We partner with community organizations to increase access to primary and behavioral health care for the underserved – including people experiencing homelessness. Our outreach initiatives are as diverse as the communities we serve.

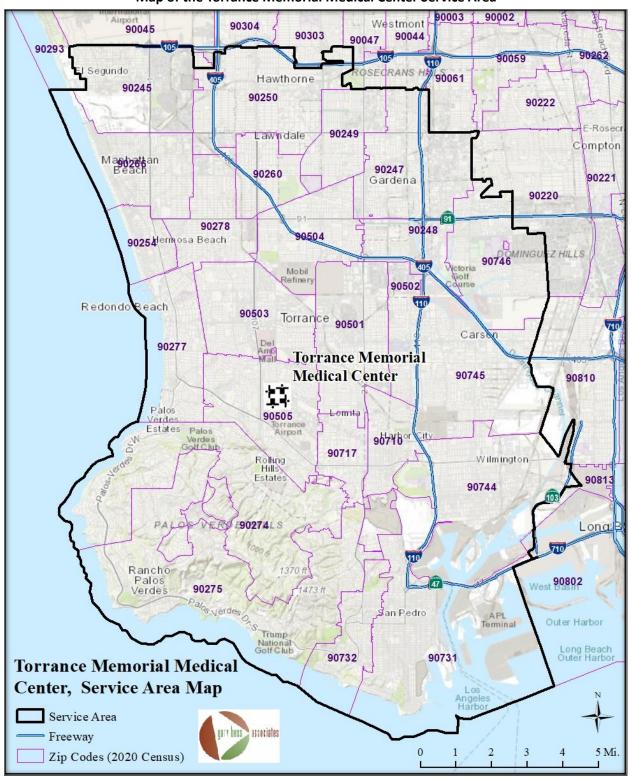
#### **Service Area**

Torrance Memorial Medical Center is located at 3330 Lomita Boulevard, Torrance, California 90505. The hospital service area includes 24 ZIP Codes in 15 cities or neighborhoods. It comprises a significant portion of Los Angeles City Council District 15 and Service Planning Area 8 (South Bay) in Los Angeles County.

#### **Torrance Memorial Medical Center Service Area**

Geographic Areas	ZIP Codes			
Carson	90745, 90746			
El Segundo	90245			
Gardena	90247, 90248, 90249			
Harbor City	90710			
Hawthorne	90250			
Hermosa Beach	90254			
Lawndale	90260			
Lomita	90717			
Manhattan Beach	90266			
Palos Verdes Peninsula	90274			
Rancho Palos Verdes	90275			
Redondo Beach	90277, 90278			
San Pedro	90731, 90732			
Torrance	90501, 90502, 90503, 90504, 90505			
Wilmington	90744			

**Map of the Torrance Memorial Medical Center Service Area** 



#### **Community Snapshot**

The population for the Torrance Memorial service area is 881,953. Children and youth, ages 0-17, make up 22% of the population, 62.2% are adults, ages 18-64, and 15.8% of the population are seniors, ages 65 and older. The service area has a lower percentage of young adults, 18 to 34, and a higher percentage of adults, 45 and older, than the county.

In the service area, 37% of the population is Hispanic/Latino, 28.1% are White, 19.8% are Asian, 9.5% are Black/African American and the remaining are American Indian/Alaskan Native, Native Hawaiian/Pacific Islander, other race/ethnicity, or multiple races. There is a higher percentage of Whites, Black/African American and Asian, and a lower percentage of Hispanic/Latino in the service area than found at the county level. English is the predominant language spoke in the home (54.2%). 27.4% of the population speaks Spanish in the home, and 12.7% of the population speaks an Asian or Pacific Islander language.

In the service area, 9.8% of the population lives at or below 100% of the federal poverty level (FPL) and 23.5% of the population in the service area is considered low-income, living at or below 200% of FPL. This experience is more favorable than Los Angeles County overall, which shows 13.7% of the population living at or below 100% of FPL and 31.8% of the county population is considered low-income, living at or below 200% of FPL.

According to the US Department of Housing and Urban Development, those who spend more than 30% of their income on housing are said to be "cost-burdened." In the service area, 41.4% of households spend 30% or more of their income on housing. In the county, 46.8% of households are "cost-burdened." Data from the annual Greater Los Angeles Homeless Count shows an increase in homelessness in the community. Among service area adults, ages 25 and older, 13.5% lack a high school diploma. 18.8% of adults are high school graduates and 41.8% of area adults have a bachelor's degree or higher degree, which is higher than the county (34.6%) and state (35.9%).

#### **Community Health Needs Assessment**

Torrance Memorial completed a Community Health Needs Assessment (CHNA) in 2025 as required by state and federal law. The CHNA is a primary tool used by Torrance Memorial to determine its Community Benefit Plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs. The assessment incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the service area.

The CHNA examined up-to-date data sources for the service area to report community demographics, social drivers of health, health care access, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and misuse, and preventive practices. When applicable, these data sets were presented in the context of California and compared to Healthy People 2030 objectives. A list of significant health needs was developed:

Access to Care
Chronic Disease
Economic Insecurity and Workforce Development
Environmental Health

Housing and homelessness

**Food Insecurity** 

Mental health
Overweight and obesity
Preventive Practices
Safety and Violence

Substance Use

In partnership with Providence Little Company of Mary Medical Center Torrance and Providence Little Company of Mary Medical Center San Pedro, Torrance Memorial Medical Center conducted interviews with community stakeholders to obtain input on significant community needs, barriers to care and resources available to address the identified health needs. Thirty-three (33) phone interviews were conducted during October and November of 2024. Community stakeholders identified by the hospital partners were contacted and asked to participate in the needs assessment interviews. Interview participants included a broad range of stakeholders concerned with health and well-being in the South Bay area of Los Angeles County, who spoke to issues and needs in the communities served by the hospitals and included public health, education, government, law enforcement and social service sectors.

The primary data collection process was designed to validate secondary data findings, identify additional community issues, solicit information on disparities among subpopulations, ascertain community assets to address needs and discover gaps in resources. Community stakeholder surveys were used to gather input and prioritize the significant health needs. The following criteria were used to prioritize needs:

- The perceived severity of a health or community issue as it affects the health and lives of those in the community
- Improving or worsening of an issue in the community
- Availability of resources to address the need
- The level of importance the hospital should place on addressing the issue

The identified significant community needs were prioritized with input from the community via interviews with community stakeholders. Using the CHNA 2025 and the stakeholder input and prioritization, Torrance

Memorial Medical Center has developed a Community Benefit Implementation Strategy for July 1, 2025 – June 30, 2028.

This Community Benefit Plan outlines Torrance Memorial Medical Center's commitments for the next three years, while reflecting on the past three years.

The complete CHNA report and the prioritized health needs can be accessed at https://www.torrancememorial.org/About\_Us/Community\_Benefits.aspx. Torrance Memorial welcomes feedback on the Community Health Needs Assessment and Implementation Strategy. Please send your feedback to: <a href="mailto:Claire.Coignard@tmmc.com">Claire.Coignard@tmmc.com</a>

#### Addressing Priority Health Needs – Fiscal Year (FY) 2025

Torrance Memorial engaged in activities and programs that addressed the Health Focus Areas, according to the 2022-2025 Community Benefit Implementation Strategy: Access to Healthcare (including preventive care and mental health), Chronic Diseases, Homelessness and Substance Use. Selected activities and programs that highlight Torrance Memorial's commitments to the community in FY 2025 are detailed below.

### Health Focus Area 1: Access to healthcare, including preventive care and mental health

Access to care is a key driver of health and includes screenings, check-ups, and counseling to prevent illness, disease, or other health problems. Individuals who receive services in a timely manner, have a greater opportunity to prevent or detect disease during earlier, treatable stages. Access to care includes the ability to access quality and timely mental health care.

<u>Goals</u>: Increase access to health care, mental health care and preventive care to improve the health of medically underserved individuals in the community; and increase the capacity of health care provider partners to meet the needs of the medically underserved.

<u>Objectives</u>: Increase access to health care, mental health care, and preventive care and reduce barriers to care; provide financial assistance to qualified patients; and increase the availability of mental health and preventive services in community settings through collaboration with community partners.

#### Financial Assistance, Health Insurance Enrollment and Transportation

Torrance Memorial provided financial assistance through free and discounted care for medical services, consistent with the medical center's financial assistance policy. To address health care access, the hospital also offered health insurance enrollment assistance to patients who are low-income and uninsured. The hospital continued to provide transportation support for patients with transportation challenges.

#### **Health Education and Outreach**

- Assisted low-income patients with benefits enrollment including Medi-Cal managed care, mental health referrals, and transportation support, led by Torrance Memorial Community Health Workers and Health Advocates. Assisted 366 patients with obtaining Medi-Cal insurance. Assisted 36 patients with Fair Hearings with Medi-Cal to maintain coverage.
- Ensured that pre- and post-natal mothers living in Wilmington have health insurance coverage, receive timely and consistent healthcare, increase breastfeeding rates, and that new parents and their baby have a safe home environment, through a partnership with Providence Little Company of Mary and First 5 LA's Welcome Baby program. Since 2014, 10,085 birth parents were enrolled. 90% of Medi-Cal eligible babies had active Medi-Cal by the 2-month visit. This increased to 97% active Medi-Cal enrollment by the 9-month visit.
- Linked older under-resourced patients to the ADVANTAGE Program, a health information and resource network of free and low-cost programs and services for adults over age 50. Information is shared through ongoing communication with older adult households in the service area.

• Taught community education classes in-person and online on topics of preventive health care and mental wellness, including:

CPR/AED What's It All About?

Brain Health Matters

Burn Prevention Men's Health

Career Expo Movement Disorders
Family Caregiving Preventive Health

Healthy Gut Skin Health
Medicare 101 Stress Less

#### **Clinical Services**

• Assessed patients with psychiatric needs with an emergency response team; and funded subsequent psychiatric hospitalizations and other patient discharge support.

#### **Community Grants and In-Kind Donations**

- Provided grants to local non-profit service providers to expand behavioral health counseling services and to provide youth mental health support and prevention education programs
- Donated office space with Wi-Fi to Community Helpline, a local non-profit community organization, enabling their confidential crisis and support hotline to operate 12 hours a day, 7 days a week.
   Community Helpline is operated by 72 dedicated volunteers who through extensive training offer crisis line services to the community.

#### Health Focus Area 2: Chronic Disease

Chronic diseases, such as cancer, heart disease, diabetes and lung disease, are major causes of disability and death. Obesity and overweight is strongly associated with increased morbidity and mortality due to chronic disease.

<u>Goals</u>: Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education; reduce overweight and obesity with increased education about healthy eating and regular physical activity.

<u>Objectives</u>: Improve screening, prevention, and treatment of chronic diseases; increase compliance with chronic disease prevention and management recommendations; and increase access to affordable, healthy food and physical activity in the community.

#### **Health Education and Outreach**

Taught low-cost exercise classes year-round, both in-person and virtually, reaching more than 3,500 encounters with older adult clients. In FY 2025, TMMC offered 36 different weekly exercise classes, year-round. Classes focus on balance, stretching, muscle strengthening, bone health, stress reduction and gentle movement. Classes were offered in 2 locations, one in Torrance and one in Palos Verdes. Select classes were also offered virtually. Classes included:

Align the Spine Chair Yoga for Strength and Balance
Bones for Life Essentrics™ Full Body Stretch

Chair Exercise for Posture and Smooth Walking

Exercise to the Oldies Integrated Yoga

Line Dancing Beyond Country Line Dancing- The Next Step

Mat/Floor Pilates

Muscle Strengthening, Beginning/Intermediate

Muscle Strengthening, Intermediate/Advanced

Pulmonary Rehab Fitness Program

Qi Gong

Chair Exercise, Beginner and Intermediate

Chair Yoga for Osteoporosis

Special Forms Tai Chi

Stretch and Sound Bath Meditation

Stretching for Better Balance

Tai Chi, Beginning Tai Chi, Intermediate Tai Chi, Advanced

Yoga Basics

Yoga for Chakra Balancing Yoga for Osteoporosis Yoga for Stress Reduction

Yoga for Wellness

#### Miracle of Living

Conducted the Miracle of Living program and other community education events and offered speakers at no cost to community groups through the Torrance Memorial Speaker's Bureau. In FY 2025 over 2,010 were served at 23 events hosted both in-person and virtually. Educational videos were made available online for on-demand viewing. Topics included:

Breast Cancer and Breast Health Heart Health

Breast Cancer Awareness Heart Health for People of Color

Cancer Talks Lipids Presentation

COPD Managing Body Weight: Prescription Drugs

Diabetes Sleep and Heart Health

Healthy Nutrition Vegan/Vegetarian diet and Cancer Survival

#### Heartsaver

Provided Basic Life Support and Heartsaver CPR training at no cost to community-based organizations

#### **Support Groups**

Hosted groups and partnered with local consortiums, to offer ongoing disease-specific support and shared coping resources for affected community members and family caregivers; groups hosted by TMMC included: amputee, bereavement, family caregiver, meditation, men's cancer, ostomy, stroke, weight loss, and women's cancer. Support groups in partnership with community non-profit partners included: depression and bi-polar disorder, Sjogren's Syndrome, and various 12-step groups.

#### **Community Health Workers**

Assisted low-income patients with CalFresh and In-Home Supportive Services (IHSS) enrollments, and referrals to free and low-cost community wellness programs led by Torrance Memorial Community Health Workers.

#### **Healthy Ever After**

Continued to offer the "Healthy Ever After for Kids" program for children (ages 6-13) and provided physical fitness and age-specific nutrition education; partnered with the local school district to conduct a 4-topic

series in 8 different elementary schools. Partnered with Boys and Girls Club of the LA Harbor to offer one 8-lesson series during the school year.

#### **Screening**

Provided 3,000 free community-based screenings including: carotid and stroke; thyroid; blood pressure; DermaScan; cholesterol; and pulmonary function.

### Health Focus Area 3: Homelessness

Homelessness remains a prevalent issue in our community. Compared to the general public, those experiencing homelessness face higher incidence of comorbid conditions, mental illness and death rates from treatable diseases. To help address health challenges for people experiencing homelessness, we engage in strategic problem-solving through the regional collaborative, South Bay Coalition to End Homelessness, comprised of homeless services providers and local South Bay hospitals.

<u>Goals</u>: Connect persons experiencing homelessness to community-based programs and services; and build strategies to improve the health and housing stability of persons experiencing homelessness.

<u>Objectives</u>: Improve the health of persons experiencing homelessness; and increase access to community-based homeless services, including housing options.

#### **Clinical Services**

- Provided recuperative care, medical respite and necessary medical equipment, prescription medication and medical supplies required for continued safe recovery after hospitalization
- Assessed patients with psychiatric needs with an emergency response team; and funded subsequent psychiatric hospitalizations and other patient discharge support.

#### **Homeless Patient Navigator Program**

- Navigated care for people experiencing homelessness under the leadership of a hospital liaison who
  focused on connecting these patients to services and housing through Los Angeles County's
  Coordinated Entry System platform.
- Participated in the hospital subcommittee of Harbor Interfaith Services, convened and coordinated quarterly by the hospital liaison
- Provided clothing and shoes to unhoused patients via Caring Closet.

#### **Community Sponsorships**

- Funded Harbor Interfaith Service's childcare center, through Torrance Memorial's strategic grantmaking.
- Served as the convening space for the South Bay Coalition which brings local homeless services providers together for training and networking.

### Health Focus Area 4: Substance Use

Substance misuse is the pattern of using substances including tobacco, alcohol, illicit drugs, prescription drugs, and over-the-counter medications in a way which is harmful to health.

<u>Goals</u>: Increase health care delivery to persons experiencing substance use disorders; and connect persons experiencing substance use disorders with needed resources to address substance use issues.

Objectives: Increase access to prevention and treatment of substance use disorders.

#### **Health Education and Outreach**

- Placed a dedicated community health worker in the Emergency Department to better support the complex needs of patients with substance use disorders
- Distributed naloxone spray kits at no cost to patients and the general community. Since May of 2023, TMMC has distributed over 1200 naloxone sprays.
- In FY 2025, TMMC hosted three community education events focused on opioid overdose prevention and harm reduction. In addition, TMMC provided support to a partner organization in launching its own naloxone distribution program, expanding access to this life-saving medication within the community.
- Provided continuing education to professionals via the Frontiers in Addiction Medicine lecture program.
- Conducted health education lectures and educational events on substance misuse topics.
- Provided smokers with smoking cessation classes for support to quit.
- Served on several drug task forces in area school districts.
- Partnered with Behavioral Health Services and local law enforcement to collect unused or expired prescription medication for safe disposal.

#### **Addiction Services**

For those coping with addiction issues of their own or in their families, access to free self-help support groups were offered and included various 12-step meeting groups.

#### **Community Benefit Services Summary FY 2025**

#### Accomplishments in FY 2025 (July 1, 2024 to June 30, 2025)

Community Benefit services promote health and healing and are focused on addressing the identified unmet health needs of the community. For a program or service to be considered a Community Benefit it must: improve access to health care; or enhance the health of the community; or advance medical or health care knowledge; or reduce the burden of government or other nonprofit community efforts.

#### **Community Health Improvement Services**

Definition: activities carried out to improve community health, are accessible to the general public, and which address a community need

#### **Community Health Education**

- Provided year-round, low-cost senior exercise classes in-person and virtually.
- Provided cancer survivors and their families with information on survivorship strategies; Conducted
  events in collaboration with the South Bay Survivorship Consortium serving survivors and loved ones
  with education and resource information.
- Miracle of Living series conducted 8 lectures serving approximately 1,100 attendees. Topics addressed: managing body weight; brain health; lipids; stress; skin health; heart health and sleep; movement disorders; cancer.
- Conducted Healthy Ever After 4 Kids, a school-based nutrition education program, in partnership with Torrance Unified School District and District Food Services. 4,200 students served. Conducted one 8lesson series in partnership with the Boys and Girls Club of LA Harbor and served 25 students per lesson.
- Maintained free, public access to cancer support groups. Support groups included cancer and nutrition, men's cancer, women's cancer, and mindfulness meditation.
- Partnered with Providence Little Company of Mary and First 5 LA's Welcome Baby program targeting pre- and post-natal mothers living in Wilmington to promote overall health during the first year of life, ensure children have health coverage and receive consistent healthcare, increase breastfeeding rates, and ensure new parents have a safe home environment.
- Produced videos focused on a variety of community education topics and made them widely available on video-viewing platforms including Vimeo, You Tube and Facebook.
- Offered the ADVANTAGE Program, an education resource of free and low-cost programs and services for adults over 50. The ADVANTAGE Senior Newsletter was mailed to approximately 120,000 service area residents. Educational topics included:

Arthritis Heart disease

Bone health Low-cost exercise classes
Cancer detection and screening Mental health and wellness

Family caregiving Nutrition support groups

Understanding Flu, RSV and COVID-19 Vaccinations Technology for Seniors for independent living

Healthy aging Women's Health

 Additionally, over 130,000 households received the hospital health magazine "Pulse" and included the community at large. Educational topics included:

Chronic disease management Resources on housing, food pantries and domestic violence

Nutrition Warning signs of suicide

Preventive health Mental health

 To support chronic disease management, stress reduction and weight control, over 36 classes were conducted year-round. Approximately 3,500 encounters occurred via online and in-person attendance.

Align the Spine Pulmonary Rehab Fitness Program

Bones for Life Qi Gong

Chair Exercise for Posture and Smooth Walking Stretch and Sound Bath Meditation

Chair Exercise Beginning/Intermediate Stretching for Better Balance

Chair Yoga for Osteoporosis

Chair Yoga for Strength and Balance

Essentrics® Full Body Stretch

Exercise to the Oldies

Tai Chi, Beginning

Tai Chi, Intermediate

Tai Chi, Advanced

Tai Chi, Special Forms

Integrated Yoga Yoga Basics

Line Dancing Beyond Country

Line Dancing- The Next Step

Mat/Floor Pilates

Yoga for Chakra Balancing
Yoga for Osteoporosis
Yoga for Stress Reduction

Muscle Strengthening Beginning/Intermediate

Muscle Strengthening Intermediate/Advanced

Community health education classes served over 250 people. Classes included:

Brain Games Menopause 101

Cancer and Nutrition Weight Management

**Family Caregiving** 

Classes included:

• Offered free 12-step, self-help support groups for those coping with addiction issues of their own or in their families, including AA-groups and the Friday Night Live program.

Yoga for Wellness

- Conducted year-round pre- and post-natal classes both in-person and via an on-demand platform.
   Classes included: Newborn Baby Care, Prepared Childbirth, Pre-Natal Breastfeeding, Pre-natal Yoga,
   Infant Child CPR, and From Me to We.
- Hosted a wide range of virtual and in-person support groups, including:

Amputee Healthy eating
Bereavement Meditation practice

Depression Bi-Polar Ostomy
Diabetes Stroke

**Family Caregiver** 

#### **Community-Based Clinical Services**

• Offered low-dose lung cancer screening. Participants who were at increased risk of lung cancer were provided with follow-up health and prevention information.

- Conducted low-cost, twice-weekly breastfeeding support clinics run by an IBCLC-certified (International Board-Certified Lactation Consultant) physical therapist.
- Maintained lactation room for community use; provided free baby weight checks, hospital-grade breast pumps to express and store breast milk and free support from a certified lactation educator.
- Participated in community health fairs and provided free health screenings including pulmonary function, cholesterol, cholesterol, skin cancer, blood pressure, stroke risk and thyroid.

#### **Health Care Support Services**

- A substance use disorder navigator/community health worker in the emergency department facilitated connections to treatment programs, detox programs and addiction therapists.
- Continued free naloxone distribution program.
- Collaborated with Community's Child to offer Family Health Day onsite. At this bi-lingual event, over 30 low-income families received vision, dental, blood pressure, BMI, anemia, blood glucose and cholesterol screenings, with one-on-one consultation of results a medical doctor. Education was provided on healthy eating, nutrition, physical activity, and mental health.
- The Cancer Resource Center provided free services for community members affected by cancer. Services included consultations as well as information and referrals. 71 Fecal Immunochemical GI cancer screening kits were distributed at 3 community events.
- Used PRAPARE, a national standardized screening tool designed to address social drivers of health, to screen adult patients to connect to support services as needed. Screened 27,539 patients and provided 2,282 patients resources for housing, food, safety, utilities, or transportation needs.
- Provided community referrals through the Healthline Call Center to free and low-cost health service providers
- To improve access to care, the Community Health Worker Program provided transportation assistance
  and referrals for patients and families with limited resources. Information and direct assistance were
  offered to persons to enroll in low-cost or no cost health insurance programs.
- Provided hospital-grade breast pumps to medically indigent post-partum birthing parents.
- Public Access Defibrillation Program provided maintenance and year-round support for over 80 AEDs placed at over 30 community sites.
- Provided psychiatric assessments by an emergency response team and funded subsequent psychiatric hospitalizations, and other patient discharge support, as appropriate.
- The HealthLinks Resource Center updated, maintained and distributed free community resource and information packets for family caregivers.

#### **Health Professions Education**

Definition: education programs for physicians, nurses, nursing students, and other health professionals.

#### **Nursing Education**

- Participated in clinical partnerships with local schools of nursing. Over 5,277 hours of nursing preceptorship were provided.
- Contracted with local schools of nursing to use the hospital's simulation lab to provide hands-on experience with interactive manikins for training skills in selected clinical scenarios

#### **Other Health Professions Education**

- Torrance Memorial partnered with over 30 universities and colleges to provide clinical hours and/or
  internship rotations at the hospital. Students were directly supervised by hospital staff. Approximately
  39,200 preceptorship hours were provided in the following areas: respiratory therapy, clinical nutrition,
  rehabilitation services, laboratory services, pharmacy, sterile processing, surgical technician, and
  clinical social work.
- Continued a 1,000-hour master's in health administration internship program, prioritizing students from diverse backgrounds under-represented in health care administration
- Conducted a day-long conference on women's cardiology for healthcare professionals.

#### **Continuing Medical Education (CME)**

- Provided educational lectures and conferences for physicians, nurses and other health care professionals
- Provided IMQ/CMA accredited continuing medical education activities

#### **Cash and In-Kind Donations**

Definition: funds and in-kind services donated to community groups and nonprofit organizations.

#### **In-Kind Donations**

- Provided free office space and wifi to a confidential mental health crisis and referral hotline enabling operations seven (7) days/week and ongoing trainings for new warmline counselors.
- Continued to serve as active participants on school of nursing advisory councils.
- Continued to offer free prenatal classes to clients of the Pregnancy Help Center.
- Provided programmatic support to the Center for Healthcare Rights to give free virtual/telephonic assistance to Medicare beneficiaries to understand Medicare choices, supplemental plans and prescriptions drug plans.
- Donated use of the Specialty Center Building's café to Mychal's Learning Place, to operate Mychal's Bakery and Café. Mychal's is a nonprofit organization that provides training for young adults with developmental disabilities to gain skills for employment to build independence.
- Donated the equivalent of 5,103 meals through surplus donations to food redistribution programs; donated whole turkeys and chickens for Thanksgiving meals to local food pantry.
- Coordinated a food drive and collected approximately 2 tons of food donations.
- Donated use of conference center for various community-coordinated events including mayor's breakfast; homeless coalition networking; disaster planning; first responder recognition; and teen mentor training

#### **Cash Donations**

Monetary contributions were made to nonprofit organizations that supported Community Benefit efforts and addressed significant health needs in the community. In FY 2025 Torrance Memorial supported (partial listing):

- Venice Family Clinic and The Volunteer Center South Bay, to expand behavioral health treatment and mental health support services
- Harbor Interfaith Services, to support the preschool childcare center. Harbor Interfaith Services is the

- lead local agency serving the unhoused and working poor families
- South Bay Children's Health Center, to support dental and mental health counseling for low-income residents
- Contributions were made to adopt-a-school partner, a local school district to support a medical advisory board, and to health associations including the American Heart Association and the Cancer Support Community

#### **Community Benefit Operations**

Definition: direct and indirect costs associated with assigned staff, community health needs assessments, Community Benefit planning, tracking, reporting, evaluating and operations.

#### In FY 2025, funding supported:

- Community Benefit staff salary, benefits and expenses
- Administrative support for Community Benefit
- Community Benefit consultants

#### **Community Building Activities**

Definition: activities that improve the community's health or safety. These activities must respond to a demonstrated health-related community need and seek to achieve at least one Community Benefit objective

#### **Workforce Development**

- Continued a strong partnership with Verbum Dei Corporate Work Study Program. The program
  provides students from families in under-resourced communities with internship experiences in a
  corporate environment. In FY 2025, the medical center hosted 5 interns, 4 days a week, throughout the
  school year, and provided internship opportunities in the Accounting and Health Education
  departments.
- Partnered with Goodwill Industries of Southern Los Angeles County in their intern training program.
   Interns gain experience at TMMC which provides the experience needed for young people to secure jobs in the community upon completion.

#### **Financial Summary of Community Benefit**

Torrance Memorial Medical Center's financial summary of Community Benefit for FY 2025 (July 1, 2024 to June 30, 2025) is summarized in the table below. The Hospital's Community Benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H and are based on the Medicare cost report.

For a more detailed table of Community Benefit financial commitments including an accounting of Community Benefit for vulnerable populations and the broader community, **please see Appendix A.** 

Community Benefit Categories	Net Benefit
Charity Care/Financial Assistance <sup>1</sup>	\$5,941,601
Unpaid Costs of Medi-Cal <sup>2</sup>	\$43,484,093
Education and Research <sup>3</sup>	\$5,545,374
Other for the Broader Community <sup>4</sup>	\$4,116,140
Total Community Benefit Provided Excluding Unpaid Costs of Medicare	\$58,716,018
Unpaid Costs of Medicare <sup>2</sup>	\$106,416,903
Total Quantifiable Community Benefit	\$165,504,111

<sup>&</sup>lt;sup>1</sup> Financial Assistance includes traditional charity care write-offs to eligible patients at reduced or no cost based on the individual patient's financial situation. Financial Assistance or Charity Care does not include costs for patients who had commercial insurance, but could not afford their out-of-pocket costs.

<sup>&</sup>lt;sup>2</sup> Unpaid costs of public programs include the difference between costs to provide a service and the rate at which the hospital is reimbursed.

<sup>&</sup>lt;sup>3</sup> Costs related to the health professions education programs and medical research that the hospital sponsors.

<sup>&</sup>lt;sup>4</sup> Includes non-billed programs such as community health education, screenings, support groups, clinics, support services and community benefit operations.

#### **Community Benefit Plan for FY 2026**

Torrance Memorial Medical Center will implement Community Benefit programs and activities in FY 2026 according to the needs prioritized in the 2025 CHNA and Implementation Strategy.

The health needs were prioritized with the help of community stakeholders through the CHNA process. Please see Appendix C for a list of community stakeholders who were engaged in the health needs prioritization process.

#### **Health Focus Areas**

Access to Care and Community Services: Community Benefit efforts focus on increasing and supporting access to essential healthcare and community services for under-resourced communities through direct programs and partnerships with local community-based organizations. Programs, strategies and partnerships include, but are not limited to, the following access to care priority health needs: **Preventive Care** and **Behavioral Health**, i.e. Mental Health and Substance Use/Misuse.

**Chronic Disease**: Community Benefit efforts focus on preventing chronic health conditions and their underlying risk factors. Programs, strategies and partnerships include, but are not limited to, the following priority health needs related to chronic disease: **Overweight/Obesity** and **Food Insecurity**.

**Housing and Homelessness**: Community Benefit efforts focus on connecting people experiencing homelessness to community-based programs and services, as well as building strategies to improve the health and housing stability of people experiencing homelessness

### Access to Care and Community Services: Including, but not limited to, Preventive Care and Behavioral Health

**Goal:** Increase access to, and connections to, healthcare services that improve the health of historically marginalized and under-resourced individuals in our community.

**Anticipated Impact:** Increased availability and access to healthcare services, including preventive, behavioral and community services that address social drivers of health.

**Evaluation:** Programs and strategies will be evaluated through ongoing data-collection and reporting.

#### **Access to Care Programs and Strategies**

#### **Care Transitions and Patient Supports**

TMMC will continue to fund care transitions for under-resourced patients, for example, recuperative care and psychiatric hospitalizations. Additionally, TMMC will continue to supply clothing, medications, durable medical equipment and transportation for patients in need.

#### **Community Support (Grants and In-Kind)**

Recognizing the critical role of community-based services in promoting access to high-quality care for populations that are historically underserved, TMMC will continue to provide grant and in-kind support as a strategy for improving the health of the community, addressing social drivers of health and increasing access to care, especially in preventive and mental health.

#### **Community Health Worker (CHW) Academy**

A TMMC clinical CHW will continue to assist patients in navigating the complexities of the healthcare system by explaining processes and linking patients with appropriate medical professionals, specialists, screenings, and social services. Short-term healthcare coordination will include but is not limited to benefits enrollment and navigation including Medi-Cal managed care, referral to CalAIM Enhanced Care Management, appointment scheduling, mental health referrals, and transportation support.

#### **Financial Assistance and Health Insurance Enrollment**

TMMC will continue to provide free and discounted care. While more people have access to insurance coverage through the Affordable Care Act and Covered California, many commercial insurance plans carry a high deductible or copay, causing financial hardship for patients. TMMC's Financial Assistance policy and application processes can be found <a href="https://example.com/here">https://example.com/here</a>.

#### **Health Screenings**

TMMC will continue to implement free preventive health screenings to improve the health of communities. Examples of community-based screenings include: cholesterol, blood glucose, pulmonary function, blood pressure, BMI, lung cancer screening, and bowel cancer.

#### **Internships, Preceptorships and Residency Programs**

Through partnerships with local high schools, colleges, universities and technical schools, TMMC will continue to increase healthcare access in underserved communities and support pipeline development for addressing provider shortages. Internships and preceptorships are implemented throughout the medical center in areas including, but not limited to, nursing, respiratory therapy, clinical nutrition, physical rehabilitation, laboratory services, pharmacy, sterile processing, surgical technician, clinical social work, healthcare administration, accounting and community health. Additionally, in 2025 TMMC launched and will continue to train physicians in internal medicine and expand it in 2026 to include surgical residents.

#### **Social Work/Case Management**

TMMC will continue to facilitate access to preventive care, primary care, outpatient care and resources and referrals for health-related social needs for under-resourced patients.

#### **Social Drivers of Health Screening and Referral**

TMMC will continue to screen patients for health-related social needs and will continue to use the electronic community resource referral platform powered by FindHelp to navigate patients to needed community services.

#### **Access to Care Programs and Strategies**

#### **Thelma McMillen Recovery Center**

The Thelma McMillen Recovery Center will continue to offer comprehensive, evidence-based outpatient treatment and customized care plans, leveraging experienced staff to support teens and adults recovering from substance abuse. To enhance access, the Center will continue to offer scholarships and financial assistance programs for those without insurance or unable to pay for treatment.

#### **Training and Capacity-Building: Naloxone**

TMMC will continue to distribute naloxone spray kits at no cost, along with providing training and capacity-building to support community agencies in becoming naloxone distribution sites, providing continuing education to professionals, and advising school district drug task forces.

#### **Work-Study**

TMMC will support workforce development and advance racial equity in underserved communities by partnering with Verbum Dei Jesuit's Corporate Work Study Program. Through this collaboration, TMMC will provide students from the Watts community with early exposure to professional healthcare environments—helping remove institutional barriers, expand access to career pathways, and build the social and technical skills needed for future professional success.

#### **Access to Care and Community Services Community Partners**

Communities Lifting Communities; community-based organizations; Community Helpline; community transportation services; Community's Child; faith-based organizations; local city agencies; Los Angeles County Department of Public Health; mental health providers; Pregnancy Help Center; Providence Little Company of Mary Medical Center; schools and school districts; South Bay Children's Health Center; South Bay Family Health Care, part of Venice Family Clinic; Torrance Fire Department; Verbum Dei Jesuit; Volunteer Center South Bay-Harbor-Long Beach

#### **Chronic Disease:**

#### Including, but not limited to, a focus on Overweight/Obesity and Food Insecurity

**Goal:** Increase access to, and connections to, community-based services and education that improve the health of historically marginalized and under-resourced individuals in our community.

**Anticipated Impact:** Increased availability and access to education and supportive services that address chronic diseases and social drivers of health.

Evaluation: Programs and strategies will be evaluated through ongoing data-collection and reporting.

#### **Chronic Disease Programs and Strategies**

#### **Community Health Worker (CHW)**

The TMMC CHW will continue to provide free assistance with CalFresh and In-Home Supportive Services (IHSS) enrollments, connections to medical homes and specialty providers, appointment navigation, transportation support, and referrals to free and low-cost community wellness programs.

#### **Chronic Disease Programs and Strategies**

#### **Community Outreach and Education**

TMMC will continue to provide the following programs and services:

- Free and low-cost classes for exercise, balance, weight management, nutrition, family caregiving and disease-specific support, including online Chronic disease educational videos.
- No-cost chronic disease community education through TMMC's Speaker's Bureau.
- The ADVANTAGE Program, a health information and resource network of free and low-cost programs and services for adults age 50+.
- No-cost CPR training for community-based nonprofit organizations.
- Lectures and educational events on substance misuse topics

#### **Community Support (Grants and In-Kind)**

Recognizing the critical role of community-based services in addressing chronic diseases for populations that are historically underserved, TMMC will continue to provide grant and in-kind support as a strategy for improving the health of the community and addressing social drivers, especially in overweight/obesity and food insecurity.

#### **Food Waste Recovery**

TMMC's commitment to food recovery and redistribution is led by the nutrition services leadership. Surplus cooked food as well as shelf-stable food supplies will continue to be donated to local food banks and non-profit groups. The team will additionally continue to coordinate food donations across the health system.

#### **Healthy Ever After**

TMMC will continue strong partnership with Torrance Unified School District (TUSD) and TUSD Nutrition Services to promote lifelong health and reduce childhood obesity by delivering progressive, age-specific nutrition education and counseling to students ages 6–13. Adapt the HEA curriculum for healthy snacking and continue strong partnership with Boys and Girls Club of the Los Angeles Harbor providing lessons to various sites. Over the 2025–2028 Implementation Strategy period, TMMC will explore expansion opportunities to reach additional schools and students with this evidence-based, community-focused initiative.

#### **Public Access Defibrillation Program**

TMMC will continue to provide maintenance and support for over 80 AEDs placed at over 30 community sites, including battery upkeep and provision of replacement supplies. TMMC ensures that all units are current and inspected quarterly.

#### **Support Groups and Resources**

TMMC will continue to support community well-being and health outcomes by providing free access to support groups for diabetes, cancer, lung disease, stroke, and mental health; offering caregiver resources; and delivering free smoking cessation classes to reduce preventable health risks. TMMC will provide continuous access to social support resources by making the FindHelp.org platform available to the public through our hospital, ensuring individuals can access it widely.

#### Chronic Disease, Overweight/Obesity and Food Insecurity Community Partners

American Diabetes Association; American Heart Association; American Stroke Association; Boys and Girls Club of the Los Angeles Harbor; community-based organizations; Community's Child; food recovery organizations; local YMCAs; local city agencies; Los Angeles County Department of Public Health; local schools, school districts and district food services; public libraries; South Bay Children's Health Center

#### **Housing and Homelessness**

**Goal:** Improve health and community service navigation for people experiencing homelessness.

**Anticipated Impact:** Increased availability and access to community-based services and supports that address the needs of people experiencing homelessness.

Evaluation: Programs and strategies will be evaluated through ongoing data-collection and reporting.

#### **Housing and Homelessness Programs and Strategies**

#### **Community Health Worker (CHW)**

The TMMC CHW will continue to provide housing navigation support, connect patients to housing resources, assist in family connections, help problem-solve barriers that affect both housing and health (transportation, etc) and support transitions to recuperative care.

#### **Social Work Case Management**

TMMC will continue to facilitate access to preventive care, primary care and outpatient care, with special attention to connecting patients experiencing homelessness with specialized services that meet the needs of that population.

#### **Social Drivers of Health Screening and Referral**

TMMC will continue to screen patients for housing insecurity and will continue to use the community resource referral platform powered by FindHelp to navigate patients to needed community services. This platform is widely available to the public through our hospital, ensuring individuals can access it at any time for self-referral.

#### **Care Transitions and Patient Supports**

TMMC will continue to fund care transitions for patients experiencing homelessness, for example, recuperative care and psychiatric hospitalizations. Additionally, TMMC will continue to supply clothing, medications, durable medical equipment and transportation for patients in need.

#### **Homeless Patient Navigator**

A hospital liaison will continue to work with private hospital discharge planners, and clinical and social worker staff to link patients experiencing homelessness to appropriate health and housing services through CES.

#### **Collaborative Community Network**

TMMC will continue to participate in the South Bay Coalition network, coordinated quarterly by the hospital liaison from the Coordinated Entry System.

#### **Community Support (Grants and In-Kind)**

Recognizing the critical role of community-based services in addressing housing insecurity and homelessness for populations that are historically underserved, TMMC will continue to provide grant and in-kind support as a strategy for improving health, especially for people experiencing homelessness.

#### **Housing and Homelessness Community Partners**

Cedars-Sinai Medical Center; community-based organizations; Harbor Interfaith Services; Hospital Association of Southern California; Huntington Hospital; LA Partnership; local city agencies; Los Angeles Homeless Services Authority; Marina del Rey Hospital; Providence Little Company of Mary Medical Center; recuperative care organizations; South Bay Coalition to End Homelessness; Venice Family Clinic

#### **Health Needs the Hospital Will Not Address**

Significant health needs identified in Torrance Memorial's CHNA that were not included in the 2025-2028 Health Focus Areas are safety and violence and economic security. Many of the Medical Center's programs indirectly address these health needs. Torrance Memorial acknowledges the importance of these health needs while also committing to the outlined strategies for improving community health. TMMC will continue to look for opportunities above and beyond current and planned community partnerships and commitments to address these issues.

#### **Evaluation of Impact**

Torrance Memorial is committed to monitoring and evaluating key initiatives to assess the programs and activities outlined in our Community Benefit strategic plan. We have implemented a system for the collection and documentation of outcomes, such as the number of people reached/served, and collaborative efforts to address health needs. In addition, through our grants program, we track and report program outcomes.

#### **Contact Information**

#### **Torrance Memorial Medical Center**

3330 Lomita Boulevard
Torrance, CA 90505
<a href="https://www.torrancememorial.org/">https://www.torrancememorial.org/</a>

#### Keith Hobbs, MBA, FACHE, CMPE

President and CEO
Torrance Memorial Health

#### **Community Benefit Contact**

Claire Coignard, MSG
Director, Health Education
Claire.Coignard@tmmc.com

### Appendix A: Torrance Memorial Medical Center Community Benefit Financial Commitments – Vulnerable Populations and Broader Community

Financial Assistans and Means-Tested Government Programs	Vulnerable	В	Broader Community	Total
Traditional Charity Care	\$ 5,941,601			\$ 5,941,601
Medi-Cal	\$ 43,484,093			\$ 43,484,093
Other Means-Tested Government (Indigent Care)	\$ 1,960,824			\$ 1,960,824
SUM FINANCIAL ASSISTANCE AND MEANS-				
TESTED GOVERNMENT PROGRAM	\$ 51,386,518			\$ 51,386,518
Other Benefits				
Community Health Improvement Services	\$ 1,850,681	\$	555,806	\$ 2,406,487
Community Benefit Operations	\$ 25,488	\$	-	\$ 25,488
Health Professions Education	\$ -	\$	3,761,056	\$ 3,761,056
Subsidized Health Services	\$ 209,709	\$	747,018	\$ 956,727
Research	\$ -	\$	-	\$ -
Cash and In-kind Contributions for Community Benefit	\$ 153,613	\$	126,525	\$ 280,138
Other Community Benefits	\$ 180,368	\$	90,426	\$ 270,794
TOTAL OTHER BENEFITS	\$ 2,419,859	\$	5,280,831	\$ 7,700,690
Community Benefits Spending				
Total Community Benefits	\$ 53,806,377	\$	5,280,831	\$ 59,087,208
Medicare (non-IRS)	\$ 106,416,903			\$ 106,416,903
TOTAL COMMUNITY BENEFITS WITH MEDICARE	\$ 160,223,280	\$	5,280,831	\$ 165,504,111

### Appendix B: Community Benefit Commitments – Vulnerable Populations and Broader Community

## Medical Care Services Charity care Medi-Cal shortfall

Other Means Tested-Government Indigent Care

#### **Other Benefits for Vulnerable Populations**

Cash and In-Kind donations - Vulnerable (Non-profit organizations serving age 65+; low-income; unhoused; disabled; food banks; ethnically vulnerable persons; foster care youth)

Community Benefit Operations - Vulnerable

Community Health Worker Program

Health Advocate – Vulnerable (Medi-Cal enrollment; Medi-Cal Fair Hearings advocacy)

Health Education classes - Vulnerable (low-cost exercise classes for 65+; community screenings)

In-Kind Food Donation (food recycling and re-distribution program to food pantries; use of Specialty Center Café for Mychal's Bakery training program, vocational career training for developmentally disabled adults)

Medical care for indigent patients at psychiatric facilities

Other Community Benefits - Vulnerable (new shoes and clothing for unhoused; new durable medical equipment and free transportation for underinsured/uninsured/indigent patients)

Physician and hospitalist compensation for indigent patients

Social Determinants of Health screenings and follow-up support

Subsidized Health Services - Vulnerable (pharmaceutical medication; recuperative care facilities; addiction recovery care; home care; skilled nursing facility care for uninsured, underinsured, and indigent patients)

#### Other Benefits for the Broader Community

**Cancer Resource Center** 

Cash and In-Kind donations - Broader Community (Non-profit groups that respond to a need on the CHNA - cancer support; health and wellness; medical advisory board; substance abuse; behavioral health)

Health Ed classes - Broader Community (prenatal and CPR classes)

Health Education and Miracle of Living lectures

HealthLinks Resource Center

Media Services (health educational programs made widely available on digital/streaming platforms)

Medical Library

Speakers Bureau

#### **Health Research, Education and Training Programs**

Continuing medical education, conferences

**Preceptorship and Student Training** 

#### **Appendix C: Community Stakeholders Engaged in Prioritizing Health Needs**

Name	Title	Organization		
Alicia H. Chang, MD, MS	Regional Health Officer	L.A. County Department of Public Health		
Ronson Chu	Senior Project Manager for Homeless and Senior Services	South Bay Cities Council of Governments		
Heather Cousin, MLIS	City Librarian	City of Torrance		
Ben Espitia	Vice President, Workforce Development	Goodwill Industries		
Josh Gezahegn, Ed.D	President and Chief Executive Officer	Volunteer Center South Bay/ Harbor/ Long Beach		
Nancy Gutierrez, Ed.D	Coordinator, Parent Community Engagement; Homeless/Foster Liaison	Torrance Unified School District		
Jen Harris	Founder and Executive Director	Connected to Lead		
Tahia Hayslet	Executive Director	Harbor Interfaith Services		
Viet Hoang	Deputy City Manager	City of Torrance		
Bryan Jebo	Chief Operating Officer	Boys and Girls Clubs of the L.A. Harbor		
Julie Kane, Ed.D.	Director of Special Projects	Lawndale Elementary School District		
Tamra King	Chief Executive Officer	Harbor Community Health Centers		
Laura Lull	Chief Executive Officer	Rainbow Services		
Steve MacAller	District Vice President	Torrance-South Bay YMCA		
Captain Brent Mcguyre	Captain, Harbor Division	Los Angeles Police Department		
Rabbi Yossi Mintz	Founder and Executive Director	Friendship Foundation		
Jacqueline Miranda	Resident Services Coordinator Lead	Adobe Communities		
Sara Myers	Director, Communications	Torrance Unified School District		
Candace Nafissi, MPA	Manager, Community Resource Center	LA Care		
Tara Nierenhausen	Executive Director	Community's Child		
Ann O'Brien	Executive Director, Marketing and Communications	El Camino College		
Mitesh Popat, MD, MPH	Chief Executive Officer	Venice Family Clinic/South Bay Family Healthcare		
Mariana Ruelas, MSW	Resident Services Supervisor	Adobe Communities		
Maria Salas, MPA	Case Manager	San Pedro Mental Health Center		
Sierra Smith	Executive Director	Open Paths Counseling Center		
Paul Stansbury, MBA, Ed.D., MA	President	NAMI South Bay Chapter		
Rachel Tate, MSW	Vice President, Ombudsman Services	WISE and Healthy Aging		
Mary Tran	Chief Executive Officer	EXP		
Jennifer Vanore, Ph.D.	President and Chief Operations Officer	Unihealth		
Rosemary Veniegas, Ph.D.	Director of Health Programs	California Community Foundation		
Malinda Wheeler, RN, MH, FNP	President	Forensic Nurse Specialists, Inc.		
Veronica Williams, LMFT	Therapist and Community Outreach Coordinator	Richstone Family Center		
Angela Wilson, LMFT	Director, Mental Health	South Bay Children's Health Center		