



COMMUNITY BENEFIT REPORT

Submitted to: Office of Statewide Health Planning and Development
Healthcare Information Division, Accounting and Reporting Systems Section
Sacramento, California



VALLEY PRESBYTERIAN
HOSPITAL

Table of Contents

About Valley Presbyterian Hospital

..... 2

- Hospital Overview
- History, Mission, Vision, and Values

Hospital Services

..... 4

- Emergency Services
- Rehabilitation Services
- Children’s Services
- Maternity Services
- Surgery Services
- Heart & Vascular Services
- Outpatient Services
- Center for Wound Healing

Community Service Area

..... 5

- Service Area Description
- Population Demographics
- Socioeconomic Characteristics

Community Health Needs Assessment

..... 7

- CHNA Overview
- Identified Health Needs
- Priority Health Needs

Addressing Priority Health Needs

..... 7

Access to Healthcare

..... 8

Chronic Diseases

.....10

Obesity

..... 11

Homelessness

..... 12

Mental Health

..... 12

Substance Abuse

..... 14

Community Benefit Services Summary – CY2025

..... 15

Community Health Improvement Services

..... 15

- Community Health Education
- Women’s Services
- Diabetes Education
- Healthy Aging
- Community Health Fairs

Health Care Support Services

..... 16

- Patient Transportation
- Insurance Enrollment
- Psychiatric Care

Health Professions Education

..... 17

- Valley Simulation Laboratory
- Student Clinical Rotations and Internships

Cash and In-Kind Contributions

..... 18

- Donated Space
- Employee Volunteerism

- Community Grants and Donations

Community Building Activities

..... 18

- Coalition Building and Advocacy
- Workforce Development
- Indirect Community Support

Financial Summary of Community Benefit

..... 20

Community Benefit Plan CY2026

..... 21

- Significant Needs Addressed
- Implementation Strategies

Significant Needs Not Addressed

..... 23

Community Partners 2025

..... 25

Appendix 1: Community Benefit Programs

..... 26

Appendix 2: Community Benefit Stakeholders

..... 27

Community Benefit Contact Information

..... 28



About Valley Presbyterian Hospital

Valley Presbyterian Hospital (VPH) is a community-based, acute-care hospital in Van Nuys, California. Valley Presbyterian Hospital opened to the community in 1958 as a small, neighborhood provider of personalized medical care. Today, it is one of the largest and most prestigious, full-service, acute care facilities in the San Fernando Valley. The 350-bed hospital serves thousands of families each year, with access to a wide range of medical expertise and leading-edge technology. Among the region's brightest and best, the hospital's nurses, therapists, technicians and more than 500 physicians represent most every specialty and sub-specialty in the medical field, including cardiac care, orthopedics, and maternal and child health.

As a certified STEMI receiving center, Valley Presbyterian Hospital is one of the facilities best equipped to care for heart attack patients within the critical 90 minutes following the onset of chest pain. It provides rapid response to heart attacks and provides cardiac intervention and full surgery coverage any time, day or night. Valley Presbyterian Hospital is also a Certified Stroke Center, providing immediate access to a specialized neurologist.

Valley Presbyterian Hospital earned the Pediatric Medical Center (PMC) designation, which is recognized by the County of Los Angeles, and allows our team of pediatric specialists to treat and handle a higher level of care needed for our pediatric patients in our Pediatric Intensive Care Unit (PICU). Only three hospitals are a designated PMC in the San Fernando Valley, and we are proud VPH is one of them. Additionally, our Emergency Department Approved for Pediatrics (EDAP) designation means we have specialized pediatric teams, including pediatric surgeons and anesthesiologists, who are ready at a moment's notice to assemble, triage, and fast-track children to the care they urgently need.

While the range of acute care services and expertise has continued to expand, VPH remains a community-based hospital at heart. As one of the Valley's only independent, nonprofit, and locally governed institutions, it provides an exceptional level of care that responds to the needs of its community. As a result, VPH is honored to have been voted "Best Hospital" by the readers of LA Daily News 20 years in a row. In 2025, VPH was awarded the American Heart Association/American Stroke Association's Get with the Guidelines Stroke Gold Plus Quality Achievement with Target: Type 2 Diabetes Honor Roll. During the last year, VPH received recognition from various local community-based organizations for its continued commitment to the community.



Mission, Vision and Values

Our Mission

To improve the quality of health in the San Fernando Valley.

Our Vision

Be Vital to this Valley.

Core Values

- We treat with respect.
- We love to help one another.
- We strive to get better, every day.

Governance

Valley Presbyterian Hospital is a nonprofit community hospital. The hospital is governed by a volunteer board of directors comprised of local business and civic leaders and medical staff members. They are responsible for setting policies on patient care operations, finances, and community benefit. The board of directors had input into the community benefit report and plan.

2025 Board of Directors

Greg Kay, MD, Chairman, Community Member
Beth Zachary, Vice Chair, Community Member
David W. Fleming, Chairman Emeritus, Community Member
Kathryn Shirley, Secretary, Community Member
Liva Yates, Gritton MD, Physician
Bolatito Abe, MD, Chief of Staff, Physician
Mechelle N. Best, Community Member
Kalpesh Patel, MD, Physician
Peter Koettters, MD, Physician
Brian Ostick, MD, Physician
Ellen Riley, Community Member
Keven Steinberg, Community Member
Sanjay Vadgama, MD, Physician
Gustavo Valdespino, Community Member
Mary Beth Walker, Community Member
Alex, Guerrero, Treasurer, Community Member



Hospital Services

Emergency Services – The hospital’s emergency services department plays an important role in serving the community and has several designations that demonstrate commitment to excellent care. As a Certified Cardiac Receiving Center for heart attack patients, heart specialists collaborate to provide critical care within the first 90 minutes of chest pain. In addition, the hospital is a Certified Stroke Center based on its response to critical patient conditions. The hospital has a dedicated stroke-focused program staffed by medical professionals who are specially trained in stroke care and who use advanced techniques to act quickly. Valley Presbyterian Hospital is designated as a **Pediatric Medical Center** (PMC), recognized by the County of Los Angeles. This designation allows our team of pediatric specialists to treat and handle a higher level of care needed for pediatric patients in our **Pediatric Intensive Care Unit** (PICU). We are one of only three hospitals that hold the PMC designation in the San Fernando Valley. During 2025, over 58,000 patients visited the emergency services department.

Rehabilitation Services – Valley Presbyterian Hospital offers a full range of rehabilitation services. Our physicians, nurses, therapists, and specialists work together to provide personalized treatment plans. We offer physical therapy, occupational therapy, speech therapy, and rehabilitation services in our well-equipped rehabilitation center. The department has been certified by the internationally renowned CARF, the Commission on Accreditation of Rehabilitation Facilities.

Children’s Services – The hospital provides compassionate, specialized pediatric care for sick or injured children. VPH’s 25-bed Pediatric Care Center serves children with serious conditions and was fully renovated in 2022 to enhance comfort, safety, and healing.) Additionally, VPH employs a child life specialist to provide emotional support to children and their families, helping them cope with the stress and anxiety associated with hospital visits, medical procedures, or chronic conditions. Neonatal Intensive Care Unit (NICU) for critically ill newborns. VPH maintains the Pediatric Medical Center designation.

Maternity Services – The maternity program is well known among families in the region. During 2025, over 1,861 babies were born at VPH. Should a need arise, a physician is available 24/7 to handle patient emergencies. In addition, VPH offers maternity classes and a breastfeeding support group to the community at no cost. Maternity Services is supported by lactation consultants on staff, providing new mothers with individualized breastfeeding education and support that promotes successful infant feeding, maternal confidence, and positive health outcomes for both mother and baby.



Surgery Services – The hospital provides a broad range of surgical services representing a wide range of specialty areas. In CY25, over 7,100 surgeries were performed. Physicians and surgical staff have the tools and advanced technology needed to perform a full range of surgical procedures and to deliver the highest quality of care. Many procedures involve minimally invasive techniques, which can minimize pain and speed recovery time.

Heart & Vascular Services – Valley Presbyterian Hospital offers a full range of cardiac services to quickly and accurately diagnose and treat patients suffering from critical heart and vascular conditions. The expert multidisciplinary medical team is dedicated to acting quickly and saving patients' lives. The Fritz B. Burns Valley Cardiac Catheterization Lab is one of the area's most technologically advanced and best equipped facilities. As a Certified Stroke Center we are committed to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

Outpatient Services – The hospital's outpatient services departments include outpatient general and gastrointestinal laboratories; radiology/imaging department; and therapy programs, including occupational, physical, respiratory, and nuclear medicine.

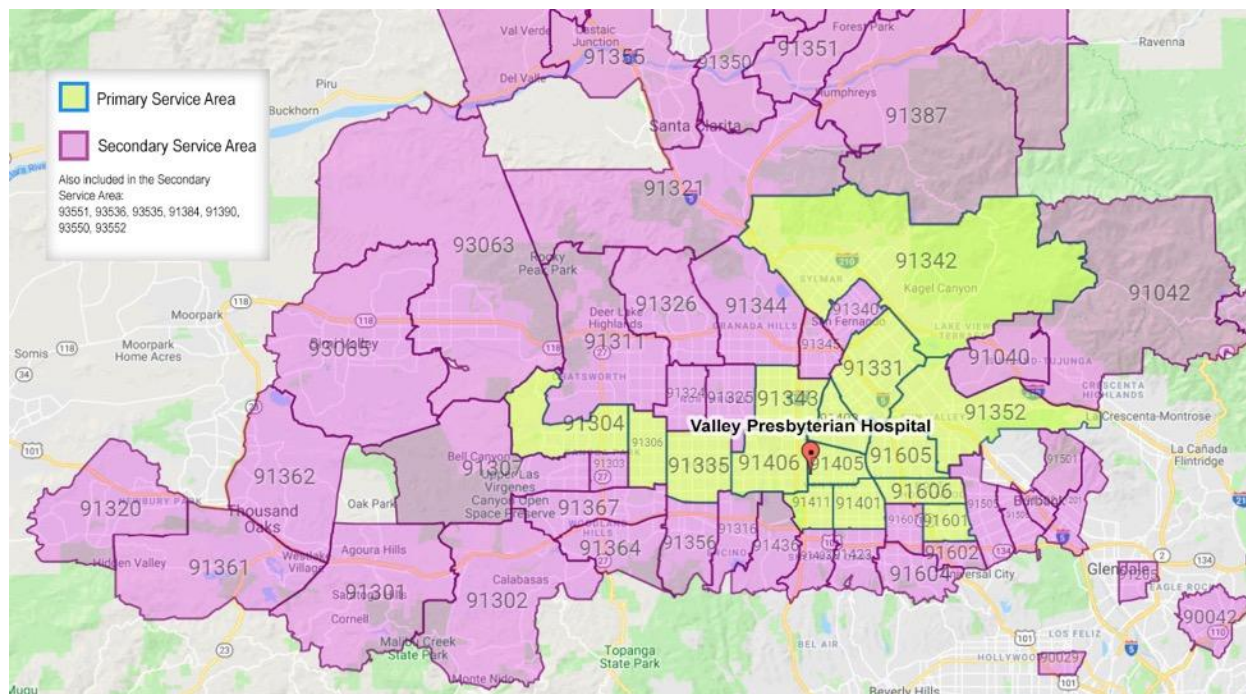
Center for Wound Healing – The Center for Wound Healing is among a few facilities nationwide that brings together the interdisciplinary expertise of vascular and podiatric surgeons, limb salvage, and wound management specialists. Patients with “at-risk” limbs receive integrated care utilizing the latest equipment and instruments to perform limb-saving procedures.

The Community Service Area

Valley Presbyterian Hospital is located at 15107 Vanowen Street, Van Nuys, California, in the heart of the San Fernando Valley. Our primary service area includes 15 ZIP Codes in 9 cities: Canoga Park, North Hills, North Hollywood, Pacoima, Reseda, Sun Valley, Sylmar, Van Nuys, and Winnetka. The service area is located in Los Angeles City Council District 6 and Los Angeles County Service Planning Area (SPA) 2.



Valley Presbyterian Service Area



At the time of the 2024 Community Health Needs Assessment, the population in the service area was 852,518. In the primary service area, adults (ages 18-64) make up 65.6% of the population. Children and youth (ages 0-17) make up 21.8% of the population while 12.6% of the population are senior adults, 65 years of age and older. Over half of the service area population (61.2%) is comprised of Hispanics or Latinos. Whites make up 22.5% of the population. Asians comprise 9.5% of the population and African Americans are 3.8% of the population. Native Americans, Hawaiians, and other races are a combined total of 0.8% of the population. In the service area, 26.3% of the adult population has less than a high school diploma. The median household income in the service area ranges from \$55,130 in Van Nuys 91402 to \$89,264 in Sylmar. Among the residents represented in the hospital service area, 16.3% of households have incomes <100% of the Federal Poverty Level. Among SPA 2 children, ages 0 to 17, 95.3% are insured. 84.7% of adults in SPA 2 have insurance coverage. Service area communities have a California Healthy Places Index score of 10.4% for clean environment.



Community Health Needs Assessment

Valley Presbyterian Hospital conducted its most recent Community Health Needs Assessment (CHNA) in CY24. The Community Health Needs Assessment may be accessed on the hospital's website at:

<https://www.valleypres.org/documents/content/VPH-CHNA-Report-2024.pdf>

The CHNA incorporated components of primary and secondary data collection and analysis that focused on the health and social needs of the service area. Secondary data were collected from a variety of local, county, and state sources to present community demographics, social determinants of health, health care access, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and misuse, and preventive practices. Valley Presbyterian Hospital conducted 15 targeted interviews to gather information and opinions from persons who represent the broad interests of the community served by the hospital.

Priority Health Needs

Significant health needs were identified from secondary data using the size of the problem (relative portion of population afflicted by the problem) and the seriousness of the problem (impact at individual, family, and community levels). To determine size or seriousness of the problem, the health need indicators identified in the secondary data were measured against benchmark data; specifically, county rates, state rates and/or Healthy People 2030 objectives. Indicators related to the health needs that performed poorly against one or more of these benchmarks met this criterion to be considered a health need.

The analysis of secondary data yielded a preliminary list of health needs. The initial list included:

- Access to healthcare
- Chronic disease
- Community Safety
- Dental care
- Economic insecurity
- Environmental health (pollution, air and water quality)
- Food insecurity and nutrition
- Housing and Homelessness
- Birth Indicators
- Mental health
- Overweight and Obesity
- Preventative Practices (health education, screenings, vaccines)



Community stakeholder interviews were used to gather input and prioritize significant health needs. Access to healthcare, chronic diseases, mental health, housing and homelessness, and substance use were ranked as the top five priority needs in the service area.

In CY25, Valley Presbyterian Hospital engaged in activities and programs that addressed the priority health needs identified in the 2025-2027 Implementation Strategy/Community Benefit plan. VPH chose to address access to health, chronic diseases, mental health, homelessness, obesity, and substance abuse through a commitment of resources to community partners that focused on the priority health needs. VPH remained committed to its mission and values as a VITAL asset to the community and community-based organizations.



Access to Healthcare

A lack of access to care creates barriers to good health. Access to primary care is a key determinant of health that allows individuals to access preventive measures and disease management, reducing the likelihood of hospitalizations and emergency room admissions. Individuals, who receive services in a timely manner, have greater opportunities to prevent or detect diseases during earlier treatable stages. A delay in necessary care can lead to an increased risk of complications.

Response to Need: *Valley Presbyterian Hospital removed barriers and increased access to healthcare by offering transportation to 1,725 riders who lacked transportation. VPH's contracted transportation service provides rides free of charge to community residents to and from their homes to the hospital and to and from their homes to a community clinic.*

We actively assisted more than 4,329 patients to enroll in Medi-Cal programs and other low-cost programs through Covered California.



The hospital partnered with Federally Qualified Health Centers (FQHC) and other community partners to improve access to care by providing grants to address healthcare gaps. Some of these grants include:

- *Support for a new women's and maternal health site for Northeast Valley Health Center.*
- *Capital campaign support for a new Eisner Health clinic serving Van Nuys, North Hills, and Panorama City, communities with high concentrations of vulnerable families.*
- *Power of Sight received a grant to expand vision screenings and glasses free of cost.*
- *VIDA Mobile provides foot screenings to the unhoused as well as access to medical care for the uninsured. Valley Presbyterian Hospital extended their support in 2025 with both a grant and sponsorship.*
- *Kids Community Dental Group focuses on providing free dental screening and teeth cleaning to children and was another recipient of a community grant.*

The 2025 VPH Annual Community Health and Wellness Fair engaged more than 400 community members. Attendees received free health screenings, including blood pressure and glucose checks, and more than 100 flu vaccines were administered. Several nonprofit social service organizations participated, providing information and community resources. In addition, over 500 free grab-and-go lunches were distributed.

Hospital clinical leaders volunteered during various community health fairs in the hospital service area to provide blood pressure screenings.

In partnership with various home visiting programs, the hospital continued its efforts to support new parents by sharing information regarding the free and voluntary programs available to them. These programs play a key role in ensuring that parents have the resources in place to follow up on newborn care such as health assessments, milestone checks and vaccinations.

In 2025 VPH expanded their catalog of free maternity classes by partnering with a virtual class provider, helping to reach a larger number of participants who may struggle to attend traditional in person classes due to work commitments or childcare. These free community classes reached over 150 expectant families.





Chronic Diseases

Chronic diseases are long-term medical conditions that tend to progressively worsen. Chronic diseases, such as cancer, heart disease, diabetes, and asthma, are major causes of disability and death. Chronic diseases are also the major causes of premature adult deaths.

Response to Need: VPH continues the *Live Well with Diabetes* class aimed at community members living with Diabetes. In addition to general Diabetes education, the bilingual class allows participants to interact with a pharmacist, registered dietician, and fitness instructor. In CY25 182 community members participated in the class.

VPH supported many food distribution programs, including those that directly impacted individuals with Diabetes and aimed to reinforce healthy eating habits.

- *Provided a grant for Meals in Motion which focuses on hands-on healthy cooking demonstration for families with the goal of instilling healthy eating habits in children.*
- *Over 8k canned goods were collected and distributed to local food pantry partners during our annual hospital wide food drive.*

World Diabetes Day events included a lunch time tabling event with healthy snack options, exercise demonstrations and the American Diabetes Association, Are you at Risk for Type-2 Diabetes, assessment activity.

Exercise is an essential activity to reduce the risk of Diabetes. The Healthy Maturity Senior Exercise class expanded to include a collaboration with the Bernardi Senior Center in Van Nuys and two OneGeneration Senior Centers in Reseda and Northridge. During the past year, 334 participants attended the free senior exercise classes.



Breastfeeding is associated with improved long-term health outcomes, including a reduced risk of childhood overweight. To increase access to breastfeeding education and support, particularly for families facing barriers to care, VPH offered a breastfeeding support group in partnership with the Los Angeles County Department of Public Health.



Obesity

Access to nutritious food is a key social and economic indicator of community health. According to the National Institutes of Health, nearly one in three U.S. adults are overweight, and about one in six children and adolescents ages 2 to 19 are overweight. Limited availability of nutritionally adequate foods, or barriers to accessing these foods due to socioeconomic factors, is associated with an increased risk of obesity, particularly in vulnerable communities.

Response to Need: VPH collaborated with the local YMCA in their efforts to address food insecurity and to increase physical activity among youth.

In CY25 LA's Best received a grant as a new partner. This organization has a longstanding legacy for providing Title 1 schools with after school programs which include sports and homework assistance.

VPH also renewed support for various fresh produce distribution sites including:

- LA Food Bank
- MEND
- North Valley Caring Services
- Central Church



Homelessness

Increased cost of housing and gaps in accessing mental health services are some of the barriers to addressing the homelessness crisis.

Response to Need: *Through partnerships with community-based organizations, Valley Presbyterian Hospital supports access to comprehensive housing, case management, and supportive services to address homelessness in the community.*

In CY25 VPH also provided support via sponsorships and grants to several organizations providing services to the unhoused.

- *VPH volunteers assisted during the Hope the Mission campaign where they assisted in preparing a meal for hundreds of the unhoused clients they serve. They were also recipients of a community grant aimed at supporting their new women's shelter.*
- *VIDA Mobile received a community grant to help support their homeless outreach and mobile clinic with the goal of improving access to care.*
- *NOHO Home Alliance was also a new partner and grant recipient this year. The organization focuses on providing hot meals for the unhoused.*
- *Another long-standing partner, Allied Cultures received renewed support for their efforts in supplying the unhoused with hygiene kits.*

Mental Health

Positive mental health is associated with improved health outcomes. Indicators and contributors to poor mental health include poverty and low levels of education. The need to access mental health services was noted as a high priority among community members.

Response to Need: *Valley Presbyterian Hospital increased access to mental health services through the offering of tele-psych services. VPH provided 1532 consultations in CY25. Offering this service decreased the amount of time needed to evaluate a patient with possible mental health symptoms. Additionally, to increase access to mental health services, VPH employs a psychiatric nurse practitioner that assists with patient placement post-acute stabilization.*

Community Grants were provided to several organizations focused on mental health services.

- *NAMI facilitates a weekly art workshop through the Donated Space Program at VPH, providing individuals from vulnerable populations with access to supportive,*



therapeutic activities that promote mental health, social connection, and emotional well-being.

- *Chicas Mom hosts a mother-led support group that empowers parents in raising adolescents while addressing the social and peer pressures teens face.*
- *Healing Journeys is a new partner offering free meditation and sound baths to help community members manage stress and promote emotional wellbeing.*
- *El Centro De Amistad supports Medi-Cal recipients and uninsured families with access to counseling and behavioral health services.*
- *VPH both sponsored and provided a grant to San Fernando Community Health Center to supporting their annual ACE's Awareness event.*

VPH provided access to needed psychiatric care hospitalization for low-income patients. While VPH does not have dedicated inpatient mental health care beds, it financially supports inpatient mental health care for vulnerable patients needing mental health hospitalization. Vulnerable patients needing Psychiatric care are treated in the ED and then transported to a medically necessary inpatient mental health care bed.



Substance Abuse

Substance use disorders are associated with adverse health, social, and economic outcomes. Factors such as poverty, limited access to care, and trauma contribute to higher risk. The need for prevention, treatment, and recovery services related to substance use was identified as a priority among community members.

Response to Need: *Valley Presbyterian Hospital collaborates with a network of community-based organizations that deliver comprehensive, evidence-based programs and services aimed at preventing and addressing substance use disorders.*

Community Grants were provided to several organizations focused on mental health services.

- *Tarzana Treatment Center received a grant to host an annual youth-led coalition group focused on educating adolescents on the importance of drug prevention, addiction and risk of overdose.*



Community Benefit Services Summary CY25

In CY25 (January – December 2025), VPH provided community benefit activities and programs within its service area. As a result of these community benefit efforts, VPH served 81,849 persons. A summary of these activities follows.

Women’s Services – VPH offered a combination of free community education programs to women and to their families to help them experience a safe pregnancy and childbirth. During the past year, 728 women and their families participated in maternity focused classes. Programming was offered both in person and virtually in English and Spanish.

Diabetes Management and Education – VPH offered free Live Well with Diabetes classes open to community members to support education, self-management, and healthy lifestyle practices.

Healthy Aging – The hospital offered low-impact exercise classes for seniors. The Healthy Maturity class had 334 class visitors.



Community Health Fairs – VPH continued to collaborate with local educational institutions, non-profit organizations, and social services groups to support community health needs.

VPH reached over 9,000 people through participation in community health fairs and events throughout the year. Here is a partial listing of VPH involvement in community health efforts.

- *Co-hosted the first annual Nourish to Flourish Health and Wellness event, providing blood pressure and glucose screenings to participants of a weekly food*



distribution program serving underserved individuals and families experiencing food insecurity.

- *Sponsored the North Valley Caring Services Back-to-School event, supporting children from underserved communities by providing backpacks and essential school supplies to help reduce financial barriers at the start of the school year.*
- *Participated in the OneGeneration Senior Symposium, increasing access to health information, resources, and support services for seniors.*
- *Developed the Teddy Bear Clinic, offering children from diverse and underserved backgrounds visiting the Discovery Cube Museum Free Day, an interactive learning experience focused on health awareness in a safe and welcoming environment.*
- *Sponsored the Eyes of a Mother Mother's Day outreach event, supporting families by distributing diapers and hygiene items to families with newborns to address basic material needs.*
- *Conducted VPH's annual Holiday Toy Distribution, providing more than 500 toys to children from local families to support emotional well-being and reduce financial strain during the holiday season.*

Health Care Support Services

Patient Transportation – VPH provided transportation services free of charge to community residents needing a ride to and from the hospital and a community clinic. Over 1,700 rides were provided to patients in the community who lacked transportation options to access health care.



Insurance Enrollment – These services were provided to assist patients with government sponsored health insurance coverage programs. The hospital enrollers assisted 4,329 patients primarily with Medi-Cal coverage.



Psychiatric Care – VPH financed inpatient mental health care services with a trusted community partner. In CY25, VPH supported mental health care for patients who needed inpatient psychiatric care.

Health Professions Education

Educational programs for nursing students, and other health professionals were offered by the hospital throughout the calendar year.

Nursing Education

The hospital provided preceptors for 1,891 nursing students in the past year. Students from colleges and universities obtained clinical experiences required for their bachelor's and master's degrees. In addition, 2 Clinical Nurse Specialist received precepting in CY24.

Valley Simulation Laboratory – The Valley Simulation Laboratory at VPH provided high-fidelity mannequins designed to simulate patient situations and responses. The Laboratory is designed to model the Labor & Delivery Unit and the Intensive Care Unit. VPH partnered with local nursing programs to provide nursing students with a link from classroom learning to hands-on medical applications in a no-risk environment.



Other Health Professions Education – The hospital provided preceptors for students in various health care disciplines, supporting clinical education, workforce development, and the preparation of future health professionals to meet current and emerging community health needs.

- 1,878 Nursing students from LA Community Colleges completed clinical rotations.
- 14 Respiratory Therapy students from Concorde Career College and LA Valley



College completed clinical internships.

- 333 Radiology and Ultrasound students from California State University Northridge, and Moorpark College completed clinical internships.
- 13 Public Health students from California State University Northridge completed internships.
- 29 Surgical Technician students from Concorde Career College and American Career College.
- 28 Pharmacy interns from Western University participated in clinical rotation.

Cash and In-Kind Contributions

Funds and in-kind services were donated to community groups and non-profit organizations. The support of these organizations furthered the hospital's mission and aligned with the community health needs identified through the CHNA.

Donated Space – The hospital donated meeting space within its facility for nonprofit organizations, colleges, and universities, and/or community forums. Over 1900 attendees benefited from programming held in our shared space.

Compassion in Action – The hospital sponsored an employee volunteer program throughout the year. Through this program, VPH employees reached 5,000 community members and over 70 volunteer hours by participating in programs to benefit the community. Activities included feeding the homeless, conducting blood drives, collecting food for local pantries, and many other activities.

Cash Donations – During CY25, community organizations were supported with cash donations and grants. These community organizations partnered with the hospital in the furtherance of its mission and alignment with needs identified through the Community Health Needs Assessment. VPH supported over 58,000 individuals affected by the issues outlined as our key funding priorities and in partnership with several local community-based organizations.

Community Building Activities

These activities support community assets by offering the expertise and resources of the hospital. Community building activities may address the root causes of health problems, such as homelessness, poverty, and environmental concerns.



Community Support

Hospital leadership staff supported community organizations through participation in coalitions, community boards, committees and networks of agencies addressing common issues. Employees are also supported by the hospital to engage in planning, education presentations, consortia, summits, and meetings with community groups.

Coalition Building and Advocacy

Hospital representatives served on several community committees and boards that addressed health improvement and community development and engaged in advocacy efforts that supported access to health care.

Workforce Development

VPH recognizes the importance of building a diverse and representative healthcare workforce to meet the needs of underserved communities. To support this priority, the hospital participated in several career day events at local high schools and on campus, by providing students, many from underserved backgrounds, with exposure to healthcare career pathways and educational opportunities. Through these efforts, VPH reached 295 students and helped reduce barriers to entry into health professions careers. VPH also partners with Tierra del Sol to support workplace diversity and inclusion by serving as a training site for individuals with disabilities.

Indirect Support

VPH is committed to empowering our community partners by providing resources and opportunities that may contribute to the community's well-being. Some of these examples include:

Invitations to table and outreach to our shared community during the monthly VPH community baby showers where we offer families opportunities to learn about community resources specific to maternal well-being.

Provided in-service sessions for the VPH case management team, enabling organizations to exchange the most recent resources for patients post hospital discharge. This approach supports patients holistically, addressing their social determinants of health.

Some of these organizations include:

- *Mother's Nutrition*
- *NEVHC- WIC*
- *UCLA Heads Start*
- *The Help Group*
- *Volunteers of America*
- *North Los Angeles*
- *Regional Center*
- *NEW Economics for Women*



Financial Summary of Community Benefit

VPH's financial summary of community benefit for the 2025 reporting period (January 1 to December 31, 2025) is summarized in the table below. VPH's community benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H. The fees are calculated using a cost-to-charge ratio for any unreimbursed services.

Valley Presbyterian Hospital – CY2025 Community Benefits

Financial Assistance and Means-Tested Government Programs	Vulnerable Populations	Broader Community	Total
Traditional Charity Care	\$4,034,390	\$0	\$4,034,390
Medi-Cal Shortfall	\$0	\$0	\$0
Other Means-Tested Government Programs (Indigent Care)	\$0	\$0	\$0
Sum Financial Assistance and Means-Tested Government Programs	\$4,034,390	\$0	\$4,034,390
Other Benefits			
Community Health Improvement Services	\$602,316	\$0	\$602,316
Community Benefit Operations	\$0	\$143,000	\$143,000
Health Professions Education	\$0	\$12,275,000	\$12,275,000
Subsidized Health Services	\$0	\$0	\$0
Research	\$0	\$0	\$0
Cash and In-Kind Contributions	\$462,042	\$0	\$462,042
Other Community Benefit	\$13,278	\$25,026	\$38,304
Total Other Benefits	\$1,077,636	\$12,443,026	\$13,520,662
Community Benefit Spending			
Total Community Benefit*	\$5,112,026	\$12,443,026	\$17,555,052
Medicare (non-IRS)	\$16,881,949	\$0	\$16,881,949
Total Community Benefit with Medicare	\$21,993,975	\$12,443,026	\$34,437,001

*Sum of Financial Assistance, Means-Tested Government Programs and Other Benefits



Community Benefit Plan CY26

Valley Presbyterian Hospital is dedicated to improving the quality of health in the San Fernando Valley. VPH is a value-based organization that strives to uphold the Core Values of dignity, respect, compassion, transparency, and collaboration. The main objective remains to support the health and wellbeing of at-risk Individuals and families in the San Fernando Valley.

Significant Needs the Hospital Intends to Address

In CY24, Valley Presbyterian Hospital completed a Community Health Needs Assessment. As required by federal IRS guidelines, an Implementation Strategy was developed to address the priority health needs of access to care, chronic diseases, homelessness, mental health, obesity and substance abuse. This plan spans the time period 2025-2027 and targets the following priority health needs through a commitment of resources with the following programs and services.

Access to Care Strategies

1. Provide financial assistance for health care services consistent with VPH's financial assistance policy. In addition to offering financial assistance, the hospital will assist patients in determining eligibility and enrolling in low or no cost insurance programs, including Covered CA, the state insurance marketplace.
2. Provide transportation to health care services at the hospital and local community health centers to support area residents who experience lack of transportation as a barrier to access health care services.
3. Continue the VPH community grants program in partnership with established community organizations to implement programs that increase access to care for underserved populations.
4. Provide free health screenings at community events targeted at the uninsured. Initiate a follow-up strategy for individuals with abnormal screening results, linking them to resources to manage their health issues.
5. Provide free flu vaccines to the medically underserved.
6. Offer childbirth education free of charge to community residents.
7. Communicate to service area residents how to access health care services through established communication methods, community presentations to community-based organizations and stakeholder meetings, and social media.



Chronic Diseases

Strategies

1. Provide education on diabetes prevention and treatment, including a focus on healthy eating and physical activity.
2. Establish partnerships and programs with local schools and community clinics to focus on diabetes prevention.
3. Continue the VPH community grants program in partnership with established community organizations to implement programs that focus on chronic disease interventions.
4. Provide support groups for individuals with diabetes or those who are at-risk for diabetes.
5. Offer a low-impact exercise program.

Obesity

Strategies

1. Continue the VPH community grants program in partnership with established community organizations to implement programs that address diet and nutrition.
2. Explore implementation of a program to screen hospital patients for food insecurity. Provide food resources for those screened as food insecure and/or as lacking access to healthy foods.
3. Collaborate with local schools, and community-based organizations that promote physical activity.
4. Increase the number of people with Diabetes who get formal Diabetes education.

Mental Health

Strategies

1. Provide community health education on mental health topics.
2. Continue the VPH community grants program in partnership with established community organizations to implement programs that increase access to mental health care services for underserved populations. Due to COVID-19, the demand for at-risk individuals and families has escalated at an unforeseen rate. VPH will explore new ways to help.
3. Provide access to mental health care services through telemedicine services that reduce geographic barriers to care.



Homelessness

Strategies

1. Continue collaboration with housing agencies who assist with housing navigation services post hospital discharge.
2. Continue the VPH community grants program in partnership with established community organizations to implement programs that assist with links to housing and housing developments.
3. Establish community-based partnerships to increase the number of homeless adults with mental health problems who get linked to mental health services.

Substance Use

Strategies

1. Provide support to community-based programs who provide health education on substance use prevention topics.
2. Continue the VPH community grants program in partnership with established community organizations to implement programs that increase access to substance use services for underserved populations.
3. Provide access to substance use services.

Significant Needs the Hospital Does Not Intend to Address

Taking existing hospital and community resources into consideration, VPH will not directly address the remaining health needs identified in the CHNA including:

- Birth indicators
- Environmental Health
- Economic insecurity

Since VPH cannot address all the health needs present in the community, it will concentrate on those health needs that it can most effectively address given areas of focus and expertise. Therefore, the hospital's charitable resources will be dedicated to the selected priority health needs. Where VPH is unable to assist directly but is able to identify others in the community who can assist VPH coordinate introductions between those community-based organizations that provide the needed services.



Evaluation of Impact

Through the CHNA process, community stakeholders provided input on the community health needs impacting the community, prioritization of the needs, and resources to address the needs. Appendix 2 identifies the community groups and local officials that were consulted.

VPH is committed to monitoring and evaluating key initiatives to assess the programs and activities outlined in this Community Benefit Plan. We have implemented a system for the collection and documentation of tracking measures, such as the number of people reached or served, and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the next scheduled CHNA.





VITAL



Community Partners in 2025

Allied Cultures
 Alzheimer's Association
 Amateur Radio Emergency Service
 American Heart Association
 Arthritis Foundation
 Barlow Respiratory Hospital
 Bernardi Senior Center
 Big Sunday
 Birmingham Charter School
 Cal State Northridge
 Central Lutheran Church
 Chica's Mom
 Child Care Resource Center
 Child Development Institute
 Columbus Elementary
 Comision Femenil
 Comprehensive Community Clinics
 Department of Public Health Los Angeles
 Discovery Cube
 Drum to Learn
 Eisner Health
 El Centro de Amistad
 El Nido

Eyes of a Mother
 Greater SFV Chamber
 Healing Journey
 Hope the Mission
 Insight Center for Community and Economic Development
 Kids Community Dental Clinic
 LA Care Resource Center
 LA Family Housing
 LA Food Bank
 LA's Best
 MAPS Charities
 Meals in Motion
 MEND
 Mid Valley YMCA
 Mindful Veteran
 National Alliance on Mental Illness
 National Association of Hispanic Nurses
 NOHO Home Alliance
 North Hollywood High School
 North Valley Caring Services
 Northeast Valley Health Corporation
 OneGeneration

Operation Gratitude
 Ovarian Cancer Coalition
 Pacoima Charter Elementary
 Partners in Care Foundation
 Power of Sight
 San Fernando Valley Cancer Foundation
 Serra Medical Group
 SFV Community Mental Health Ctr
 Shoes that Fit
 Somos Familia SFV Pride
 Southern California Handweavers Group
 Tarzana Treatment Center
 Tierra Del Sol
 Valley Care Community Consortium
 Valley Family Center
 Valley Intercommunity Council
 Valley Village
 Valley Community Healthcare
 VIDA Mobile
 Vision y Compromiso
 West Valley YMCA
 Woodcraft Rangers



Appendix 1: Categorization of Community Benefit Programs

Medical Care Services
Charity care/financial assistance
Medi-Cal shortfall
Medicare shortfall (non-IRS)
Other Benefits for Vulnerable Populations
Breastfeeding support groups
Community education and outreach events
Diabetes education, outreach and resources
Financial assistance
Financial support for psychiatric care
Flu vaccines
Food distribution
Grants to address priority health needs
Health fairs
Health insurance enrollment assistance
Health screenings
Healthy Maturity Senior Exercise classes
In-kind donations
New parent home care visitation
Sponsorships to support community-based organizations
Telepsych services
Transportation
Health Research, Education and Training Programs
Nursing precepting
Other health professionals precepting
Valley Simulation Laboratory
Nonquantifiable Benefits
Community support
Coalition building and advocacy
Workforce development



Appendix 2: Community Stakeholders

Interviews

Name	Title	Organization
Bolatitio Abe, MD	Chief of Staff; Family Medicine Physician	Valley Presbyterian Hospital
Jen Castro	Homeless Services Director	North Valley Caring Services
Luis Cervantes	Executive Director	El Centro de Amistad
Susan Dion	Chief Operating Officer	Valley Community Healthcare
Elizabeth Gutierrez	Executive Director	Eyes of a Mother
Pastor Marsha Harris	Pastor and Mission Re-Developer	Central Lutheran Church
Jenna Hauss, MSW	President and CEO	ONEgeneration
Marci Kass	Director of Development	San Fernando Valley Community Mental Health Center, Inc.
Janet Marinaccio	President and CEO	MEND: Meet Each Need with Dignity
Melissa Miller, LMFT	Director of Child and Family Protective Services	The Help Group Project Safe
Daniel Molina	Senior Director of Organizational Development	211 LA
Theresa (Missy) Nitescu, MS, RDN, CHSP	Chief Operations Officer	NEVHC: Northeast Valley Health Corporation
Pedro Ramirez, MBA, HCM	Director of Outreach and Community Engagement	Comprehensive Community Healthcare Centers
Ana Ruiz-Pena, PA-C, MHA	Chief Executive Officer	Vida Mobile
Aqueelah Russell, MBA, IBCLC, LCCE	Health Program Analyst I	Los Angeles County Department of Public Health

Survey Respondents

Gender	Percent	Spanish	English
Female	94.46%	96.61%	92.31%
Male	4.77%	3.39%	6.15%
Non-binary	0.77%	0%	1.54%
Race and Ethnicity	Percent	Spanish	English
Hispanic or Latino	86.76%	93.22%	80.3%
White or Caucasian	4.93%	6.78%	3.08%
Asian or Asian American	3.85%	0%	7.69%
Black or African American	3.08%	0%	6.15%
More than one race	0.77%	0%	1.54%
American Indian or Alaska Native	0.77%	0%	1.54%
Age Groups	Percent	Spanish	English
Ages 18-24	3.96%	1.67%	6.25%
Ages 25-34	31.15%	21.67%	40.63%
Ages 35-44	37.82%	35%	40.63%
Ages 45-54	14.74%	21.67%	7.81%
Ages 55-64	8.33%	16.67%	0%
Ages 65 and older	3.18%	1.67%	4.69%





Community Benefit Contact

Lori E. Cardle

Executive Vice President, Chief Operating and Financial Officer

Lori.Cardle@valleypres.org | 818.902.2902



VALLEY PRESBYTERIAN
HOSPITAL

15107 Vanowen Street, Van Nuys, CA 91405 | 818.782.6600 | valleypres.org