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## **1.0** Policy Statement

Kaiser Foundation Health Plans (KFHP) and Kaiser Foundation Hospitals (KFH) are committed to providing programs that support access to care for vulnerable populations. This commitment includes providing financial assistance to qualified low income uninsured and underinsured patients when the ability to pay for services is a barrier to accessing emergency and medically necessary care.

#### 2.0 Purpose

This policy describes the requirements for qualifying for and receiving financial assistance for emergency and medically necessary services through the Medical Financial Assistance (MFA) program. The MFA program includes charity care (full) and discounted care (partial). The requirements are compliant with Section 501(r) of the United States Internal Revenue Code and applicable state regulations addressing eligible services, how to obtain access, program eligibility criteria, the structure of MFA, the basis for calculating award amounts, and the allowable actions in the event of nonpayment of medical bills.

#### 3.0 Scope

This policy applies to employees who are employed by the following entities and their subsidiaries (collectively referred to as "KFHP/H"):

- Kaiser Foundation Health Plan, Inc. (KFHP);
- Kaiser Foundation Hospitals (KFH); and
- KFHP/H subsidiaries.
- This policy applies to the Kaiser Foundation Hospitals and hospitalaffiliated clinics listed in *Addenda for Kaiser Permanente Regions, Attachments 1-8*.

## 4.0 Definitions

See Appendix A – Glossary of Terms.

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## 5.0 Provisions

KFHP/H maintains the MFA program to lessen financial barriers to receiving emergency and medically necessary care for eligible patients regardless of a patient's age, disability, gender, race, religious affiliation or immigration status, sexual orientation, national origin, and whether the patient has health coverage.

# 5.1 Services That Are Eligible and Not Eligible Under the MFA Policy

## 5.1.1 Eligible Services

MFA may be applied to certain medically necessary health care services, including (1) emergency care; (2) pharmacy services and products; and (3) medical supplies provided at Kaiser Permanente (KP) facilities (e.g., hospitals, hospitalaffiliated clinics, medical centers, and medical office buildings), at KFHP/H outpatient, mail order and specialty pharmacies, or by KP providers, as described below:

#### 5.1.1.1 Medically Necessary Services

Care, treatment, or services ordered or provided by a KP provider that are needed for the prevention, evaluation, diagnosis, or treatment of a medical condition and are not mainly for the convenience of the patient or medical care provider.

## 5.1.1.2 Prescriptions and Pharmacy Supplies

Prescriptions presented at a KFHP/H pharmacy and written by KP providers and contracted providers, non-KP Emergency Department and Urgent Care providers, non-KP Doctors of Medicine in Dentistry (DMD) and non-KP Doctors of Dental Surgery (DDS).

## 5.1.1.2.1 Generic Medications

The use of generic medications is preferred, whenever possible.



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## 5.1.1.2.2 Brand Medications

Brand name medications prescribed by a KP provider are eligible when either:

- "Dispense as Written" (DAW) is noted on the prescription, or
- No generic equivalent is available.

#### 5.1.1.2.3 Over-the-Counter Drugs or Pharmacy Supplies

These products are eligible when:

- A KP provider has written the prescription or order;
- The item is dispensed from a KP pharmacy; and
- The item is regularly available in the KP pharmacy.

## 5.1.1.2.4 Medicare Beneficiaries

Applied to Medicare beneficiaries for prescription drugs covered under Medicare Part D in the form of a pharmacy waiver.

## 5.1.1.2.5 Dental Medications

Outpatient medications prescribed by a DMD or DDS are acceptable if the medications are medically necessary for treatment of dental services.

## 5.1.1.3 Durable Medical Equipment (DME)

Applicable DME is limited to equipment regularly available from KP facilities and supplied by KFHP/H to a patient who meets the medical necessity criteria. DME must be ordered by a KP provider following DME guidelines.

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## 5.1.1.4 Medicaid Denied Services

Medical services, prescriptions, pharmacy supplies, and DME that are not covered by the state Medicaid program but determined to be medically necessary and ordered by a KP provider (e.g., newborn circumcision, hernia services, pharmaceutical compounds, drugs to treat symptoms, etc.).

## 5.1.1.5 Health Education Classes

Available classes scheduled and provided by KP that are recommended by a KP provider as part of the patient's care plan.

## 5.1.1.6 Services Available on an Exception Basis

In certain exceptional situations, MFA may be applied to select services and supplies needed to support inpatient discharge from a hospital that meet the High Medical Expense Eligibility criteria explained below, see section 5.6.2. If the patient meets the criteria, covered services may include Skilled Nursing, Intermediate Care and Custodial services provided at a non-KP facility. Supplies may include DME prescribed or ordered by a KP provider and supplied by a contracted/vendor as described below.

#### 5.1.1.6.1 Skilled Nursing Services, Intermediate Care and Custodial Services

Provided by a contracted KP facility to a patient with a prescribed medical need to support inpatient discharge from a hospital.

## 5.1.1.6.2 Durable Medical Equipment (DME)

Vendor-supplied DME ordered by a KP provider in accordance with the DME guidelines and supplied by a contracted



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vendor through the KFHP/H DME Department.

## 5.1.2 Non-Eligible Services

MFA may not be applied to:

#### 5.1.2.1 Hospital Services that are Not Considered Emergent or Medically Necessary as Determined by a KP Provider

The following is a non-exhaustive list of examples of hospital and hospital affiliated clinic-based services that are typically non-emergent or not medically necessary:

• Cosmetic surgery or services, including dermatology services that are primarily for the purpose of improving a patient's appearance.

#### 5.1.2.2 Non-Hospital Services that are Not Considered Emergent or Medically Necessary as Determined by a KP Provider

The following is a non-exhaustive list of examples of services and supplies provided in KFHP/H medical centers and medical office buildings that are typically non-emergent or not medically necessary:

- Infertility treatments and related services including diagnostics.
- Retail medical supplies.
- Alternative therapies, including acupuncture, chiropractic, and massage services.
- Injections and devices to treat sexual dysfunction.
- Surrogacy services.
- Services related to third party liability, personal insurance protection or workers' compensation cases.

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#### 5.1.2.3 Prescriptions and Pharmacy Supplies that are Not Considered Emergent or Medically Necessary

Prescriptions and pharmacy supplies provided from KFH/P outpatient, mail order and specialty pharmacies that are not typically considered emergent or medically necessary include, but are not limited to:

- Drugs that have not been approved by the Pharmacy and Therapeutics Committee.
- Over-the-counter drugs and supplies not prescribed or ordered by a KP provider.
- Over-the-counter drugs and supplies that are not regularly available in the KP pharmacy and must be specially ordered.
- Prescriptions related to third party liability, personal insurance protection or workers' compensation cases.
- Specifically excluded drugs (e.g., fertility, cosmetic, sexual dysfunction).

## 5.1.2.4 Prescriptions for Medicare Part D Enrollees Eligible for or Enrolled in Low Income Subsidy (LIS) Program

The remaining patient cost for prescription drugs for Medicare Advantage Part D enrollees who are either eligible for or enrolled in the LIS program, in accordance with Centers for Medicare & Medicaid Services (CMS) guidelines.

## 5.1.2.5 Services Provided Outside of KP Facilities

The MFA policy applies only to services provided at KP facilities, or by KP providers.

• Even upon referral from a KP provider, all other services are not eligible for MFA.

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• Services provided at non-KP medical offices, urgent care facilities and emergency departments, as well as non-KP home health, hospice, recuperative care, and custodial care services, are excluded unless identified as an exception in accordance with section 5.1.1.6 above.

## 5.1.2.6 Durable Medical Equipment (DME)

DME supplied by a contracted vendor is excluded regardless of whether it is ordered by a KP provider, unless identified as an exception in accordance with section 5.1.1.6 above.

## 5.1.2.7 Transportation Services and Travel Expenses

The MFA program does not help patients pay for emergent or non-emergent transportation or travel related expenses (i.e., lodging and meals).

## 5.1.2.8 Health Plan Premiums

The MFA program does not help patients pay the costs associated with health care coverage (i.e., dues or premiums).

## **5.1.3 Region-specific Eligible and Non-Eligible Services**

Additional information regarding region-specific eligible and non-eligible services and products is located in the relevant Addendum. See *Addenda for Kaiser Permanente Regions, Attachments 1-8.* 

## 5.2 Providers

MFA is applied only to eligible services delivered by medical care providers to whom the MFA policy applies. See *Addenda for Kaiser Permanente Regions, Attachments 1-8.* 

## 5.3 Program Information Sources and How to Apply for MFA

Additional information about the MFA program and how to apply is summarized in the region-specific relevant Addendum. See *Addenda for Kaiser Permanente Regions, Attachments 1-8.* 



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#### 5.3.1 Program Information Sources

Copies of the MFA policy, application forms, instructions, and plain language summaries (i.e., policy summaries or program brochures) are available to the public, without charge, from KFHP/H's website, by email, in person, or by US postal mail.

## **5.3.2 Applying for MFA**

To apply for the MFA program, a patient is required to demonstrate need caused by paid and / or unpaid bills for the patient cost of KP health care services, a scheduled appointment for future services with KP, or a pharmacy prescription ordered by a KP provider for eligible services as described above. A patient can apply for the MFA program in several ways, including online, in person, by telephone, or by paper application.

#### 5.3.2.1 KP MFA Program

Patients are required to apply for the MFA program in the KP service area that they are receiving services from KP.

#### 5.3.2.2 Screening Patients for Public and Private Program Eligibility

KFHP/H encourages all individuals to obtain health insurance coverage for ensuring access to healthcare services, for overall personal health, and for the protection of patient assets. KFHP/H will assist uninsured patients or their guarantors in identifying and applying for available assistance programs including Medicaid and coverage available on the Health Benefit Exchange. A patient who is presumed eligible for Medicaid or coverage available on the Health Benefit Exchange may be required to apply for those programs. Patients with a financial status that exceeds the Medicaid income eligibility parameters will not be required to apply for Medicaid.



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#### 5.4 Information Needed to Apply for MFA

Complete personal, financial, and other information is required to verify a patient's financial status to determine eligibility for the MFA program, as well as eligibility for Medicaid and subsidized coverage available on the Health Benefit Exchange. A patient's financial status is verified each time the patient applies for assistance.

#### 5.4.1 Providing Financial Information

Patients are required to include household size and household income information with their MFA application, however, submitting income documentation to allow verification of financial status is optional unless specifically requested by KP.

#### 5.4.1.1 Verifying Financial Status without Income Documentation

If income documentation is not submitted, a patient's current financial status will be verified using external data sources. If a patient's current financial status cannot be verified using external data sources, the patient may be asked to submit the income documentation described in the MFA program application to allow verification of their financial status. If a patient is approved for MFA, they will be notified in writing and will be given the opportunity to decline MFA or submit income documentation to appeal for more assistance.

#### 5.4.1.2 Verifying Financial Status with Income Documentation

If income documentation is included with the MFA application, financial status will be based on the information provided. Information submitted by patients for MFA eligibility determinations (e.g., recent paystubs or tax returns) will not be used for collection activities.



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#### 5.4.2 Providing Complete Information

MFA program eligibility is determined once all requested personal, financial, and other information is received.

## 5.4.3 Incomplete Information

A patient is notified in person, by mail, or by telephone if required information received is incomplete. The patient may submit the missing information within 30 days from either: the date the notice was mailed, the in-person conversation took place, or the telephone conversation occurred. MFA may be denied due to incomplete information.

## 5.4.4 Requested Information Not Available

A patient who does not have the requested information described in the program application may contact KFHP/H to discuss other available documentation to demonstrate eligibility.

## 5.4.5 No Income Information Available

A patient is required to provide basic financial information (i.e., income, if any, and source) at a minimum and attest to its validity when: (1) their financial status cannot be verified using external data sources; (2) requested income information is not available; and (3) no other documentation exists that may demonstrate eligibility. Basic financial information and attestation is required from the patient if any of the following apply:

- The patient is homeless or receives care from a homeless clinic.
- The patient has no income, does not receive a formal pay stub from their employer (excluding those who are self-employed), receives cash gifts, or was not required to file a federal or state income tax return in the previous tax year.
- The patient has been affected by a declared national or regional disaster or public health emergency (Refer to section 5.11 below).



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#### 5.4.6 Patient Cooperation

A patient is required to make a reasonable effort to provide all requested information. If all requested information is not provided, the patient's situation may be considered when determining eligibility.

## 5.5 Presumptive Eligibility Determination

MFA may be approved without a completed application in situations where the patient has an unpaid bill for KP health care services, has not responded to KP outreach attempts and has not applied but other available information substantiates a financial hardship. If determined to be eligible, the patient is not required to provide personal, income, or other information to verify financial status and will automatically be assigned MFA. The reason and supporting information for presumptive eligibility determination will be documented in the patient's account and additional patient notes may be included. A patient is presumed to be eligible and document requirements are waived if the patient has been prequalified or there are indications of financial hardship.

#### 5.5.1 Prequalified

The patient is considered prequalified and will receive MFA if the patient meets any of the following criteria:

## 5.5.1.1 Enrolled in a KP Community MFA Program

Is enrolled in a Community MFA (CMFA) program to which patients have been referred and prequalified through: (1) federal, state, or local government, (2) a partnering community-based organization, or (3) at a KFHP/H sponsored community health event.

## 5.5.1.2 Enrolled in a KP Community Benefit Program

Is enrolled in a KP Community Benefit program designed to support access to care for low-income patients and prequalified by designated KFHP/H personnel.

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## 5.5.1.3 Enrolled in or Eligible for Government Sponsored Health Coverage

Is enrolled in or is presumed to be eligible for a credible government-sponsored health coverage program (e.g., Medicaid, Medicare Low Income Subsidy Program, Subsidized coverage available on the Health Benefit Exchange.).

## 5.5.1.4 Enrolled in a Government Sponsored Public Assistance Programs

Is enrolled in a credible government-sponsored public assistance program (e.g., Women, Infants and Children programs, Supplemental Nutrition and Assistance programs, Low-income household energy assistance programs, free or reduced cost lunch programs).

## 5.5.1.5 Living in Low-income or Subsidized Housing

Resides in low-income or subsidized housing.

## 5.5.1.6 Approved for Full MFA within last 30 Days

Applied and was approved for full MFA within the last 30 days.

## 5.5.2 Indications of Financial Hardship

A patient who has received care at a KP facility, has applied without complete income documentation and for whom there are indications of financial hardship (e.g., unpaid bill for KP health care services or inability to pay) may be screened by KP for program eligibility using external data sources before their unpaid bills for KP health care services are placed with a debt collection agency. If eligible, the patient will be notified in writing that MFA has been applied to their unpaid bills for KP health care services. Patients may choose to decline MFA based on the presumptive eligibility determination or may submit income documentation to apply for more assistance.

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#### 5.5.2.1 Presumptively Screened Without Income Documentation

KP will screen patients that have been identified for placement with a debt collection agency for program eligibility based on income or high medical expense criteria. See section 5.6 below.

## 5.5.2.2 Situations that Indicate Financial Hardship

Financial information for some patients with unpaid bills for KP health care services may not be available to determine eligibility, but other indications of financial hardship available to KP may lead to the determination of low income. MFA will be applied to the eligible unpaid bills for KP health care services and will not be subject to further collection actions. Indications of financial hardship may include, but are not limited to:

## 5.5.2.2.1 Financial Hardship Scenario 'A'

The patient is a non-U.S. citizen without sponsorship, social security number, tax records, or valid billing addresses; has not communicated with KP about their unpaid bills for KP health care services; and reasonable collection efforts demonstrate the patient does not have financial resources in their country of origin.

## 5.5.2.2.2 Financial Hardship Scenario 'B'

The patient has unpaid bills for previously provided KP health care services and has since been incarcerated in prison for an extended period of time; is not married; there are no indications of income; and KP has been unable to contact the patient.



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## 5.5.2.2.3 Financial Hardship Scenario 'C'

Patient is deceased with no estate or record of a relative responsible for debts.

## 5.5.2.2.4 Financial Hardship Scenario 'D'

Patient is deceased, and the probate or estate shows insolvency.

## 5.6 Program Eligibility Criteria

As summarized in section V of the region-specific addenda, a patient applying for MFA may qualify based on income, or high medical expense criteria. See *Addenda for Kaiser Permanente Regions, Attachments 1-8.* 

## 5.6.1 Income Criteria

A patient is evaluated to determine if the patient meets income eligibility criteria.

## 5.6.1.1 Eligibility Based on Income Level

A patient with a gross household income less than or equal to KFHP/H's income criteria as a percentage of the Federal Poverty Guidelines (FPG) is eligible for financial assistance. Assets are not considered income.

## 5.6.1.2 Household Income

Income requirements apply to the members of the household. A household means a single individual or group of two or more persons related by birth, marriage, or adoption who live together. Household members may include spouses, qualified domestic partners, children, caretaker relatives, the children of caretaker relatives, and other individuals for whom the single individual, spouse, domestic partner, or parent is financially responsible who reside in the household.

## 5.6.2 High Medical Expense Criteria

A patient is evaluated to determine if the patient meets high medical expense eligibility criteria.

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## 5.6.2.1 Eligibility Based on High Medical Expenses

A patient of any gross household income level with paid and unpaid bills for eligible services over the 12-month period prior to application greater than or equal to 10% of annual household income is eligible for full financial assistance.

## 5.6.2.1.1 Paid and Unpaid Bills for KFHP/H Services

Paid and unpaid bills for the patient cost (e.g. copayments, deposits, coinsurance, and deductibles) for eligible services provided at KP facilities excludes any MFA discount.

#### 5.6.2.1.2 Paid and Unpaid Bills for Non-KFHP/H Services

Paid and unpaid bills for the patient cost for medically necessary medical, pharmacy, and dental expenses provided by non-KP providers at non-KP facilities excludes any discounts or write offs. The patient is required to provide documentation of the paid and unpaid bills for medically necessary services received from non-KP providers at non-KP facilities.

 If the non-KFHP/H provider where the services were provided offers a Financial Assistance program for which the patient may be eligible, the patient must apply before the bills will be considered an eligible expense.

## 5.6.2.1.3 Health Plan Premiums

Out-of-pocket expenses do not include the cost associated with health care coverage (i.e., dues or premiums).



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## 5.7 Denials and Appeals

## 5.7.1 Denials

A patient who applies for the MFA program and does not meet the eligibility criteria is informed in writing that their request for MFA is denied.

## 5.7.2 How to Appeal an MFA Denial

Patients that have been denied MFA or have been approved and believe they qualify for more financial assistance may appeal the decision. Patients are encouraged to appeal if they: (1) have not previously submitted income documentation, or (2) their household income has changed. Instructions for completing the appeal process are included in the MFA denial and approval letters as well as the MFA website. Appeals are reviewed by the VP, Central Patient Access and Balance Collections. Patients are informed in writing of the outcome of their appeal. All appeal decisions are final.

## 5.8 Award Structure

MFA is applied to unpaid bills for KP health care services from the date given in the award letter through the eligibility period assigned by KP (see section 5.8.2 Award Eligibility Period). As a courtesy, MFA is also applied to unpaid bills for KP health care services received prior to the date the patient was approved for MFA.

## 5.8.1 Basis of Award

The patient cost paid by the MFA program is determined based on whether the patient has health care coverage and the patient's household income.

## 5.8.1.1 MFA-Eligible Patient without Health Care Coverage (Uninsured)

Eligible uninsured patients receive MFA on the patient cost of all eligible services.

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## 5.8.1.2 MFA-Eligible Patient with Health Care Coverage (Insured)

Eligible insured patients receive MFA on patient cost for all eligible services. The patient is required to provide documentation, such as an Explanation of Benefits (EOB), to determine the portion of the bill not covered by insurance. Eligible insured patients are required to file an appeal with their insurance carrier for any denied claims and provide documentation of their insurance carrier's denial of appeal.

## 5.8.1.2.1 Payments Received from Insurance Carrier

Eligible insured patients are required to sign over to KFHP/H any payments for services provided by KFHP/H which the patient receives from that patient's insurance carrier.

## 5.8.1.3 Discount Schedule

The amount of financial assistance patients are eligible for (full or partial) is based on the type of eligibility criteria used to qualify the patient for the program as follows:

Eligibility Criteria	Amount Eligible for
<ul> <li>Prequalified (see section</li> </ul>	Full
5.5.1)	
<ul> <li>Situations that Indicate</li> </ul>	
Financial Hardship (see	
section 5.5.2.2)	
High Medical Expense (see	
section 5.6.2)	



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Eligibility Criteria	Amount Eligible for
<ul> <li>Presumptively Screened</li> </ul>	Full or Partial
Without Income	
Documentation (see section	
5.5.2.1)	
• Income (see section 5.6.1)	

Additional information about the amount of MFA available under the policy is summarized in the relevant Addendum. See *Addenda for Kaiser Permanente Regions, Attachments 1-8.* 

## 5.8.1.4 Reimbursements from Settlements

KFHP/H pursues reimbursement from third party liability / personal insurance protection settlements, payers, or other legally responsible parties, as applicable.

## 5.8.2 Award Eligibility Period

The eligibility period for MFA starts from the date given in the award letter and is for a limited time only determined at the discretion of KP, including:

#### 5.8.2.1 Specific Period of Time

A maximum of 365 days for eligible follow-up services.

#### 5.8.2.2 Skilled Nursing, Custodial Services and Intermediate Care

A maximum of 30 days for services provided outside of KP.

#### 5.8.2.3 Durable Medical Equipment

A maximum of 180 days for vendor supplied medical equipment.

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## 5.8.2.4 Course of Treatment or Episode of Care

A maximum of 180 days for a course of treatment and/or episode of care as determined by a KP provider.

## 5.8.2.5 Re-applying for Financial Assistance

Patients may reapply for the MFA program beginning thirty (30) days before the expiration date of the existing award and anytime thereafter.

## 5.8.3 Award Revoked or Amended

KFHP/H may revoke, or amend MFA, in certain situations, at its discretion. Situations include:

## 5.8.3.1 Fraud, Theft, or Financial Changes

A case of fraud, misrepresentation, theft, changes in a patient's financial situation, or other circumstance which undermines the integrity of the MFA program.

## 5.8.3.2 Other Payment Sources Identified

Health coverage or other payment sources identified after a patient receives MFA causes the charges for eligible services to be re-billed retroactively. If this occurs, the patient is not billed for that portion of a bill (1) for which the patient is personally responsible and (2) which is not paid by their health coverage or other payment source.

## 5.8.3.3 Change in Health Coverage

A patient who experiences a change in health care coverage will be asked to reapply to the MFA program.

## 5.8.3.4 Change in Household Income

A patient who experiences a change in household income will be asked to reapply to the MFA program.



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#### 5.9 Limitation on Charges

Charging MFA-eligible patients the full dollar amount (i.e., gross charges) for eligible hospital services provided at a Kaiser Foundation Hospital is prohibited. A patient who has received eligible hospital services at a Kaiser Foundation Hospital and is eligible for the MFA program but has not received an MFA award or has declined an MFA award, is not charged more than the amounts generally billed (AGB) for those services.

#### 5.9.1 Amounts Generally Billed

The amounts generally billed (AGB) for emergency or other medically necessary care to individuals who have insurance covering such care are determined for Kaiser Foundation Hospitals as described in section VII of the applicable region-specific addendum. See *Addenda for Kaiser Permanente Regions, Attachments 1-8.* 

## 5.10 Collection Actions

#### 5.10.1 Collection of Unpaid Bills for KP Health Care Services

#### 5.10.1.1 Unpaid Bills for KP Health Care Services

Bills for KP health care services are due within 30 days of receipt of the initial bill from KP. To prevent further collection activity:

- Full payment must be received and processed.
- An MFA application has been submitted and is in-progress or MFA has been approved.
- A payment plan has been established and is in good standing.

#### 5.10.2 Reasonable Notification Efforts

KFHP/H or a debt collection agency acting on its behalf makes reasonable efforts to notify patients with past due or unpaid bills for KP health care services about the MFA program. Reasonable notification efforts include:

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## 5.10.2.1 Written Notice of Unpaid Bills

Providing one written notice within 120 days of first post-discharge bill from KP informing the responsible party for the unpaid bills for KP health care services that MFA is available for those who qualify.

#### 5.10.2.2 Written Notice of Allowable Extraordinary Collections Actions

Providing written notice with the list of extraordinary collection actions (ECAs) that KFHP/H or a debt collection agency intends to initiate for payment of unpaid bills for KP health care services, and the deadline for such actions, which is no earlier than 30 days from written notice.

## 5.10.2.3 MFA Policy Plain Language Summary

Providing a plain language summary of the MFA policy with the patient's first hospital patient statement.

## 5.10.2.4 Verbal Notification

Attempting to notify the responsible party for unpaid bills for KP health care services verbally about the MFA policy and how to obtain assistance through the MFA application process.

## 5.10.2.5 Determine MFA Eligibility Upon Request

Determining MFA eligibility upon request, before past due or unpaid bills for KP health care services are transferred to a debt collection agency.

## 5.10.3 Advancing Patient Debt to Debt Collection Agency:

Unpaid bills for KP health care services may be considered for bad debt adjustment and placement with a debt collection agency after active collections and notification efforts occur and it has been 180 days since initial billing.

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## **5.10.3.1** Authority to Advance Patient Debt

Patient debt is advanced to Debt Collection Agency under the authority of the VP, Central Patient Access and Balance Collections.

#### 5.10.3.2 Assignment to Collections Vendor for Follow Up

Some responsible parties for unpaid bills for KP health care services are assigned to collection vendor for follow up activities (e.g. address validation) prior to pursuing bad debt collection activities.

#### 5.10.3.3 Evaluate Patients for MFA Eligibility Before Assigning to Collection Vendor

KFHP/H follows state laws to evaluate patients for MFA and perform additional tasks as required prior to assigning the responsible party for unpaid bills for KP health care services to collection vendor.

## 5.10.4 Extraordinary Collection Actions Suspended

KFHP/H does not conduct or permit debt collection agencies to conduct on its behalf, extraordinary collection actions (ECAs) against a patient if the patient:

- Has active MFA for follow up services, or
- Has initiated an MFA application after ECAs have begun. ECAs are suspended until a final eligibility determination is made.

## 5.10.5 Allowable Extraordinary Collection Actions

## 5.10.5.1 Final Determination of Reasonable Efforts

Prior to initiating any ECAs, the VP, Patient Access and Balance Management ensures the following:

## 5.10.5.1.1 Reasonable Efforts to Notify Patient

Completion of reasonable efforts to notify the patient of the MFA program, and

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## 5.10.5.1.2 Reasonable Time for Patient to Apply

The patient has been provided at least 240 days from the first billing statement to apply for MFA.

## 5.10.5.1.3 Reporting to Consumer Credit Agencies or Credit Bureaus.

KFHP/H or a debt collection agency acting on its behalf may report adverse information to consumer credit reporting agencies or credit bureaus only for consolidated unpaid bills for KP health care services greater than \$500. Unpaid patient bills in California will not have credit reporting performed other than as permitted California Insurance Code § 10112.75. Unpaid patient bills in Virginia will not have credit reporting performed.

## 5.10.6 Prohibited Extraordinary Collection Actions

KFHP/H does not perform, allow, or allow debt collection agencies to perform, the following actions under any circumstance:

- Defer or deny care due to the responsible party for unpaid bills for KP health care services nonpayment of a previous balance or require payment before providing emergency or medically necessary care.
- Sell the responsible party's debt for unpaid bills for KP health care services to a third party.
- Foreclosure on property or seizure of accounts.
- Request warrants for arrest.
- Request writs of body attachment.
- Judicial or civil actions such as wage garnishment, attach individual bank account or other personal property, or residential liens.



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## **5.11** Disaster and Public Health Emergency Response

KFHP/H may temporarily modify its MFA program eligibility criteria and application processes to enhance the assistance available to communities and patients affected by a declared national or regional disaster, including a public health emergency.

## 5.11.1 Potential Eligibility Modifications

Temporary changes to MFA eligibility criteria may include:

- Suspending eligibility restrictions.
- Increasing the income criteria threshold.
- Decreasing the high medical expense criteria threshold.

## 5.11.2 Potential Application Process Modifications

Temporary changes to the MFA application process may include:

- Allowing patients to provide basic financial information (i.e., income, if any, and source) and attest to its validity when (1) their financial status cannot be verified using external data sources, (2) requested financial information is not available due to the event, and (3) no other evidence exists that may demonstrate eligibility.
- Taking into consideration the impact of future loss of wages / employment due to the event when determining household income.

## **5.11.3 Information Available to the Public**

Information describing temporary MFA program changes is made available to the public on the MFA program web page and at KP facilities in the affected areas.

## 6.0 Appendices/References

#### 6.1 Appendices

• Appendix A – Glossary of Terms

#### 6.2 Attachments

• Attachment 1 – Addendum for Kaiser Permanente Colorado

## Kaiser Permanente.

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- Attachment 2 Addendum for Kaiser Permanente Georgia
- Attachment 3 Addendum for Kaiser Permanente Hawaii
- Attachment 4 Addendum for Kaiser Permanente Mid-Atlantic States
- Attachment 5 Addendum for Kaiser Permanente Northern California
- Attachment 6 Addendum for Kaiser Permanente Northwest
- Attachment 7 Addendum for Kaiser Permanente Southern California
- Attachment 8 Addendum for Kaiser Permanente Washington

## 6.3 References

- Patient Protection and Affordable Care Act, Public Law 111-148 (124 Stat. 119 (2010))
- Federal Register and the Annual Federal Poverty Guidelines
- Internal Revenue Service Publication, 2014 Instructions for Schedule H (Form 990)
- Internal Revenue Service Notice 2010-39
- Internal Revenue Service Code, 26 CFR Parts 1, 53, and 602, RIN 1545-BK57; RIN 1545-BL30; RIN 1545-BL58 – Additional Requirements for Charitable Hospitals
- California Hospital Association Hospital Financial Assistance Policies & Community Benefit Laws, 2015 Edition
- Catholic Health Association of the United States A Guide for Planning & Reporting Community Benefit, 2012 Edition
- California Health and Safety Code § 10112.75 and §127400
- Provider Lists. Provider lists are available at the KFHP/H websites for:
  - Kaiser Permanente of Hawaii (www.kp.org/mfa)
  - Kaiser Permanente of Northwest (www.kp.org/mfa)
  - Kaiser Permanente of Northern California (www.kp.org/mfa)



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- Kaiser Permanente of Southern California (www.kp.org/mfa)
- Kaiser Permanente of Washington (www.kp.org/mfa)



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## Appendix A – Glossary of Terms

## Community MFA (CMFA)

Planned medical financial assistance programs that collaborate with community based and safety net organizations to provide access to medically necessary care to low income uninsured and underinsured patients at KP facilities.

## **Debt Collection Agency**

A person or organization that, by direct or indirect action, conducts or practices collections or attempts to collect a debt owed, or alleged to be owed, to a creditor or debt buyer.

## Durable Medical Equipment (DME)

Includes, but is not limited to: standard canes, crutches, nebulizers, intended benefitted supplies, over the door traction units for use in the home, wheelchairs, walkers, hospital beds, and oxygen for use in the home as specified by DME criteria. DME does not include orthotics, prosthetics (e.g., dynamic splints/orthoses, and artificial larynx and supplies) and over-the-counter supplies and soft goods (e.g., urological supplies and wound supplies).

## **Eligible Patient**

An individual who meets the eligibility criteria described in this policy, whether the patient is (1) uninsured; (2) receives coverage through a public program (e.g., Medicare, Medicaid, or subsidized health care coverage purchased through a health insurance exchange); (3) is insured by a health plan other than KFHP; or (4) is covered by KFHP.

## **External Data Sources**

Third-party vendors used to review a patient's personal information to assess financial need by utilizing a model based on public record databases which assesses each patient based on the same standards to calculate a patient's financial capacity score.

## Federal Poverty Guidelines (FPG)

The levels of annual income for poverty as determined by the United States Department of Health and Human Services and are updated annually in the Federal Register.

## **Financial Counseling**

The process used to assist patients to explore the various financing and health coverage options available to pay for services rendered in KP facilities. Patients who may seek financial counseling include, but are not limited to, self-pay, uninsured,



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underinsured, and those who have expressed an inability to pay the full patient liability.

#### Homeless

A status descriptor for the living situation of a person, as described below:

- In places not meant for human habitation, such as cars, parks, sidewalks, abandoned buildings (on the street).
- In an emergency shelter.
- In transitional or supportive housing for homeless persons who originally came from the streets or emergency shelters.
- In any of the above places but is spending a short time (up to 30 consecutive days) in a hospital or other institution.
- Is being evicted within a week from a private dwelling unit or is fleeing a domestic violence situation with no subsequent residence identified and the person lacks the resources and support networks needed to obtain housing.
- Is being discharged within a week from an institution, such as a mental health or substance abuse treatment facility in which the person has been a resident for more than 30 consecutive days and no subsequent residence has been identified and the person lacks the financial resources and social support networks needed to obtain housing.

## KP

Includes Kaiser Foundation Hospitals and affiliated-hospital clinics, Kaiser Foundation Health Plans, Permanente Medical Groups, and their respective subsidiaries, except Kaiser Permanente Insurance Company (KPIC).

#### **KP Facilities**

Any physical premises, including the interior and exterior of a building, owned, or leased by KP in the conduct of KP business functions, including patient care delivery (e.g., a building, or a KP floor, unit, or other interior or exterior area of a non-KP building).

## Medical Financial Assistance (MFA)

KP's MFA program combines full and partial charity care / discount programs to provide financial assistance to eligible patients who are unable to pay for all or part of their medically necessary services, products, or medication, and who have exhausted public and private payer sources. Individuals are required to meet program criteria for assistance to pay some or all the patient cost of care.



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## **Medical Supplies**

Non-reusable medical materials such as splints, slings, wound dressings, and bandages that are applied by a licensed health care provider while providing a medically necessary service, and excluding those materials purchased or obtained by a patient from another source.

#### **Patient Cost**

The portion of charges billed to a patient for care received at KP facilities (e.g., hospitals, hospital-affiliated clinics, medical centers, medical office buildings and outpatient pharmacies) that are not reimbursed by insurance or a publicly funded health care program.

#### **Pharmacy Waiver**

Provides financial assistance to low-income KP Senior Advantage Medicare Part D members who are unable to afford their cost share for outpatient prescription drugs covered under Medicare Part D.

#### Safety Net

A system of nonprofit organizations and/or government agencies that provide direct medical care services to the uninsured or underserved in a community setting such as a public hospital, community clinic, church, homeless shelter, mobile health unit, school, etc.

#### Underinsured

An individual who, despite having health care coverage, finds that the obligation to pay insurance premiums, copayments, coinsurance, and deductibles is such a significant financial burden that the patient delays or does not receive necessary health care services due to the out-of-pocket costs.

#### Uninsured

An individual who does not have health care insurance or federal- or state-sponsored financial assistance to help pay for the health care services.

#### **Vulnerable Populations**

Demographic groups whose health and well-being are considered to be more at-risk than the general population due to socioeconomic status, illness, ethnicity, age, or other disabling factors.

#### Writ(s) of Body Attachment

A process initiated by a court directing the authorities to bring a person found to be in civil contempt before the court, similar to an arrest warrant.



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## ADDENDUM: Kaiser Permanente Southern California ADDENDUM EFFECTIVE DATE: January 1, 2025

#### I. Kaiser Foundation Hospitals

This policy applies to all KFHP/H facilities (e.g., hospitals, hospital-affiliated clinics, medical centers, and medical office buildings) and outpatient pharmacies. Kaiser Foundation Hospitals in Northern California include:

KFH Anaheim	KFH Moreno Valley
KFH Irvine	KFH San Diego (Clairemont Mesa)
KFH Baldwin Park	KFH West Los Angeles
KFH Fontana	KFH Woodland Hills
KFH South Bay	KFH Downey
KFH Riverside	KFH Ontario
KFH Panorama City	KFH Zion
KFH Los Angeles including Mental Health Unit	KFH San Marcos

Note: Kaiser Foundation Hospitals comply with the Hospital Fair Pricing Policies, California Health & Safety Code §127400.

An emergency physician who provides emergency medical services in Kaiser Foundation Hospitals in Northern California is also required by law to provide discounts to uninsured patients or patients with high medical costs who are at or below 400% of the Federal Poverty Level.

## II. Additional Services Eligible and Not Eligible Under the MFA Policy

#### a. Additional Eligible Services

#### i. Transportation for Homeless Patients

Available to a homeless patient for emergent and nonemergent situations to support discharge from a KP Hospital or KP Emergency Departments.



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#### b. Additional Non-eligible Services

The following is a non-exhaustive list of examples of additional nonhospital-based services and supplies that are not typically eligible under the MFA policy.

- i. Hearing aids
- ii. Optical supplies

#### III. Providers Subject to and Not Subject to the MFA Policy

The list of providers in Kaiser Foundation Hospitals that are and are not subject to the MFA policy is available to the general public, without charge, on the KFHP/H MFA website at <u>kp.org/mfa/scal-materials</u>.

#### **IV.** Program Information and Applying for MFA

MFA program information, including copies of the MFA policy, application forms, instructions, and plain language summaries (i.e., program brochures), is available to the general public, without charge, in electronic format or hard copy. A patient can apply for the MFA program, during or following the care received from KFHP/H, in several ways including online, in person, by telephone, or by paper application. (Refer to sections 5.3 and 5.4 of the policy.)

Patients can elect to submit either recent pay stubs or income tax returns as income documentation when applying for the MFA program. KFH/HP will accept other forms of income documentation, as outlined in the program application, but does not require those other forms.

#### a. Complete and Submit Online Application from the KFHP/H Website

A patient can initiate and submit application information electronically from the MFA website at <u>kp.org/helppaybills</u>.

#### b. Download Program Information from the KFHP/H Website

Electronic copies of program information are available on the MFA website at <u>kp.org/helppaybills</u>.



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#### c. Request Program Information Electronically

Electronic copies of program information are available by email upon request at <u>MFA-Public-Inbox@kp.org</u>.

#### d. Obtain Program Information or Apply in Person

Program information is available at Admitting and Emergency Room Departments in the Kaiser Foundation Hospitals listed in Section I, *Kaiser Foundation Hospitals*.

#### e. Request Program Information or Apply by Telephone

Counselors are available by telephone to provide information, determine MFA eligibility, and assist a patient to apply for MFA. Counselors can be reached at:

Telephone Number: 1-800-390-3507

#### f. Request Program Information or Apply by Mail

A patient can request program information and apply for MFA by submitting a complete MFA program application by mail. Information requests and applications can be mailed to:

> Kaiser Permanente Attention: Medical Financial Assistance P.O. Box 7086 Pasadena, CA 91109-7086

#### g. Deliver Completed Application in Person

Completed applications can be delivered in person to the Admitting Department in each Kaiser Foundation Hospital.

## V. Eligibility Criteria

A patient's household income is considered when determining MFA eligibility.

a. Income criteria: up to 400% of the Federal Poverty Guidelines.

A patient's family or household means:

a. For persons 18 years of age and older, spouse, domestic partner, and dependent children under 21 years of age, or any age if disabled, whether living at home or not. However, for persons 18 to

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20 years of age, family members also include parent, caretaker relatives, and parents or caretaker relatives' other dependent children under 21 years of age or any age if disabled.

b. For persons under 18 years of age, parent, caretaker relatives, and other children under 21 years of age or any age if disabled.

## VI. Discount Schedule

The amounts that KP charges a patient who qualifies for medical financial assistance is based on the type of eligibility criteria used to qualify the patient for the program.

## a. Patient Meets Income Criteria

A patient who meets income criteria will receive a sliding scale discount on the patient cost or portion of charges for KP health care services provided for which the patient is responsible. The discount amount is determined based on where the patient's household income falls within the Federal Poverty Level (FPL) guidelines as follows:

Federal Poverty Level Guidelines		Financial Assistance Discount
From	То	Discount
0% - 200%		100% Discount (Full)
201% - 400%		50% Discount (Partial)

If a patient is approved for partial MFA, the remaining patient cost is required to be paid in full or the patient has the option to set up an interest-free extended payment plan. If the hospital and patient cannot agree on the payment plan, the hospital shall create a reasonable payment plan, where monthly payments are not more than 10% of the patient's monthly family income, excluding deductions for essential living expenses that consider family income and essential living expenses.

## VII. Basis for Calculating Amounts Generally Billed (AGB)

KFHP/H determines AGB for any emergency or other medically necessary care using the look back method by multiplying the gross charges for the

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care by the AGB rate. Information regarding the AGB rate and calculation is available on the KFHP/H MFA website at <u>kp.org/mfa/scal-materials</u>.

The amounts billed to MFA-eligible patients will be reduced by the AGB rate (discount) before MFA is applied and in no event will the patient be charged more than the amount of payment that KP would expect, in good faith, to receive for providing services from Medicare and Medi-Cal, whichever is greater.

## VIII. Refunds

KP will refund any amounts exceeding \$5 that were overpaid under the MFA award, including interest accruing at the rate specified in California Code of Civil Procedure § 685.010, in the following circumstances:

- a. Patients that apply for MFA and are approved based on submitted income documentation are eligible for refunds for the years that income documentation is submitted (e.g., a patient applying for MFA for payments that they made in 2022 would need to submit income documentation to demonstrate their financial status in 2022).
- b. In no event shall a patient be entitled to a refund if it has been five years or more since the last payment by the patient to KP, its assignee, or it's collections agency.
- c. Patients that are asked to pay any amount greater than their approved MFA after their eligibility determination (collection error) will receive a refund for the amount paid that is greater than their approved MFA.
- d. Patients can appeal partial MFA approvals by submitting income documentation. If determined to be eligible for more assistance, the patient will receive a refund for any amount the patient paid that is greater than their approved MFA.

## IX. Notices

## a. Help Paying Your Bill

There are free consumer advocacy organizations that will help you understand the billing and payment process. You may call the

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Health Consumer Alliance at 888-804-3536 or go to healthconsumer.org for more information.

## b. The Hospital Bill Complaint Program

The Hospital Bill Complaint Program is a state program, which reviews hospital decisions about whether you qualify for help paying your hospital bill. If you believe you were wrongly denied financial assistance, you may file a complaint with the Hospital Bill Complaint Program. Go to HospitalBillComplaint.hcai.ca.gov for more information and to file a complaint.

## c. ATTENTION: Language Assistance

If you need help in your language, please call 1-800-464-4000 (TTY 711). Help is available 24 hours a day seven days a week, excluding holidays. Aids and services for people with disabilities, like documents in braille, large print, audio, and other accessible electronic formats are also available. These services are free.